

Support  
Our Island  
Restaurants  
**ORDER  
TAKE-OUT**

# Island Sun

PRSRT STD  
U.S. POSTAGE  
PAID  
FT MYERS, FL  
PERMIT #5718

Postal Customer  
ECRWSS

VOL. 27, NO. 40

SANIBEL & CAPTIVA ISLANDS, FLORIDA

APRIL 3, 2020

APRIL SUNRISE/SUNSET:

3 7:17 • 7:46 4 7:16 • 7:47 5 7:15 • 7:47 6 7:14 • 7:48 7 7:13 • 7:48 8 7:12 • 7:49 9 7:11 • 7:49

## Agencies Assist Islanders In Need

by Kathy Kurtz Ferrari

As our local economy – driven by tourism – has ground to a halt due to impacts of the COVID-19 pandemic, many members of the islands' workforce find themselves unemployed. Businesses and restaurants have closed and we all face health and financial concerns.

FISH of SanCap and Community Housing and Resources (CHR), the islands' social service organizations, are seeing an unprecedented amount of requests for assistance during this challenging time.

In addition to providing various assistance to those in need, FISH runs the community's food pantry. CHR provides affordable housing to the islands' workforce, like teachers, restaurant and resort workers, civil servants, as well as seniors and disabled residents.

"We're taking in new people who have never accessed our services in the past," said Maggi Feiner, president and CEO of FISH, in a phone interview. "We have seen an increase in clients who have not used our service in quite a number of years."



Maggi Feiner of FISH of SanCap

photos provided

FISH and CHR often deal with the same clients, as many island workers need affordable housing.

"We're seeing (it) more and more. Those people that we need are the people that are losing their jobs first, and that's affecting our ability to get those services that we all love to have out here," said Melissa Rice, executive director of CHR.

FISH assisted over 2,000 households



Melissa Rice of CHR

in 2019, including seniors, those with illnesses and single mothers. Feiner anticipates those numbers to skyrocket in the days ahead.

Feiner said one of the first things clients are helped with is how to register for unemployment and also the Supplemental Nutrition Assistance Program known as SNAP.

"Our issue is right now just trying to

service everyone that comes through the door," she said, adding it's "all hands on deck" for staff members and volunteers.

The food pantry is seeing increased use, and the organization is seeking donations of items like pastas, sauces, tuna, beans and canned soup, as well as paper products and sanitizing supplies.

With children out of school, there is an urgent need for the organization's weekly backpack program that supplies school children year-round with items like breakfast bars, juice, individual sized soup, cereal and fresh fruit.

Because of the health threat, clients are no longer allowed to shop for themselves at the pantry. Staff members and volunteers are preparing bags of shelf stable foods for clients to pick up. If available, refrigerated and frozen foods are added.

Currently, due to the virus, volunteer opportunities are limited. The most vital demand right now is food and monetary donations. Non-perishable food donations can be dropped off in a bin at Bailey's General Store, 2477 Periwinkle Way, as well as outside the FISH office at 2430-B Periwinkle Way Monday through Friday.

"For many of our clients, the food pantry is the beginning," Feiner explained.

continued on page 18

## Captiva Officials Prepared To Deal With Crisis

by Kathy Kurtz Ferrari

As days turn into weeks dealing with the COVID-19 pandemic, officials from both islands grapple with decisions to keep residents safe.

As of March 31, there were three confirmed cases of the virus on Sanibel and one on Captiva, according to the Florida Department of Health.

While the City of Sanibel is governed by elected officials, Captiva is run by the Captiva Community Panel, a volunteer board of residents formed under the Florida Government in the Sunshine Law, a unique statute allowing a community to govern itself by following certain requirements. The panel works closely with officials from Lee County, particularly during this challenging time.

While some businesses remained open this week, Captiva was very quiet. The weekly farmers market was held, with plans to continue until mid-April.

Following similar orders on Sanibel, the Captiva panel placed restrictions on lodging, prohibiting any rental accommodations for two weeks, which will



Captiva Fire Chief Jeff Pawl

photo provided

likely be extended as the virus progresses.

Rental agencies, hotels, motels and resorts stopped taking new bookings, some voluntarily closing completely.

'Tween Waters Island Resort & Spa announced on March 29 that it would close until April 24. South Seas Island Resort had an occupancy rate of around 10 percent, according to an official from the Captiva panel.

"If the trajectory of the coronavirus in Florida reflects the rest of the country, we have to be concerned that our local



from left, Lt. Shawn Kilgore, Brandon Ehlen, TJ Cline and Paul Morris are prepared to offer aid during the pandemic

photo by Kathy Kurtz Ferrari

hospitals may not have the resources to treat all who become ill," said David Mintz, president of the Captiva Community Panel. "Under those circumstances, we have to do everything reasonably possible to keep Captiva and Sanibel

coronavirus-free."

Public beach accesses were closed, but private areas were not restricted, and the beach continued to see some activity. Busy beach rental company YOLO closed down

continued on page 25



# Access Sanibel Library Services From Home

The Sanibel Public Library is closed out of concern for the health and safety of library users and staff amid the spread of COVID-19.

The closure will be in effect for a few weeks, depending on public health guidelines. All programs and meetings, including the library district board of commissioners meeting, have been postponed or canceled.

“We appreciate the public’s support and patience shown as we work through this situation. Our concern is for the health and safety of all library users, staff and volunteers, and islanders,” said Margaret Mohundro, library director.

Operationally, the library notes:

- All overdue fines and user fees are waived during the closure;
- The library is implementing automatic renewal of library cards;
- All books and other materials placed on hold by users will be suspended and remain on hold for pickup when the library reopens;
- The drive-up book drop located on the west side of the parking garage, near the exit, is available for returns of books and other materials;
- The library’s eShelf and all online services remain available 24/7.

To access online services, choose “eShelf” from the homepage. Your PIN is the last four digits of your library card.



Download magazines with your Sanibel Public Library card photos provided

Sanibel Public Library card holders can borrow eBooks and audiobooks via the Hoopla or OverDrive Libby apps.

The Hoopla Digital app also allows users to stream movies, TV shows, comics and music. With Hoopla all material can be accessed simultaneously (no holds).

The library offers Mango, an online language learning tool with more than 700 languages. Mango can be used on a desktop or mobile device. The app

can be used offline if you’re not on WiFi.

Downloadable magazines, including *Reader’s Digest*, *Prevention*, *National Geographic*, *Star*, *Kiplinger’s Personal Finance*, and *Bon Appétit*, are available through the RB digital app.

Library cardholders can stream from the popular Kanopy app on Roku, iOS, Android and even desktop devices. Kanopy showcases more than 30,000 titles, including award-winning

documentaries, hard-to-find films, indies and classics.

The Freegal music app offers access to about three million songs, including Sony Music’s catalog of legendary artists.

Students can access Encyclopedia Britannica’s vast collection of entries, multimedia content, magazine and journal articles, primary sources and e-books, web resources and a world atlas. Search by keyword, or browse among topic areas and biographies. Start at the Resources page at [www.sanlib.org](http://www.sanlib.org). Also found at the Resources page are thousands of recipes at AtoZ World Food or AtoZ Food America.

“For many who are isolated due to the coronavirus, the eShelf has been a way to access thousands of eBooks, audiobooks and even music and movies, without having to pay for subscriptions or online services,” said Candy Heise, library adult services coordinator. “All you need is your Sanibel Public Library card to access a very rich selection of digital resources.”

The library is providing further information and frequent updates on its website [www.sanlib.org](http://www.sanlib.org).

Questions and comments may be directed to the email listed on the website: [notices@sanlib.org](mailto:notices@sanlib.org).

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor cards are available for a \$10 fee, and are good for one year.

Sanibel Public Library is located at 770 Dunlop Road.✱

Offering Fine Island, Modern and Estate Jewelry, plus the area’s largest selection of Authentic Ancient and Spanish Treasure Coins



If you can’t get to the beach, let us bring the beach to you. Please help support Local Small Businesses during this difficult time.

**THE CEDAR CHEST FINE JEWELRY**  
A Sanibel Tradition Since 1975

Tahitian Gardens  
1993 Periwinkle Way  
Sanibel Island, FL 33957

Toll-free: 800-749-1987  
Telephone: 239-472-2876  
[www.CedarChestSanibel.com](http://www.CedarChestSanibel.com)

# Island Winds Coiffures

## HAIR SALON FOR WOMEN & MEN

### Manicures and Pedicures by Lois

### Hair Styling

LINDA • MARISA • LILY • JEANNE

695 Tarpon Bay Road, Sanibel

239-472-2591



**NATURE BRACKETS**

[naturebrackets.com](http://naturebrackets.com)  
[info@naturebrackets.com](mailto:info@naturebrackets.com)

New Designs Available at  
**Forever Green Ace Hardware**  
2025 Periwinkle Way • Sanibel, FL

For a Full Mailbox call Dave at (239) 454-1001



Mailboxes Porches Shelves







All dressed up and no place to go

image provided

# From The Pen Of 'Ding' Darling

Although an avid sportsman himself, Jay Norwood “Ding” Darling repeatedly expressed his concern for the overhunting of ducks, which led to his creation of the Federal Duck Stamp program in 1934. Titled *All dressed up and no place to go*, this cartoon recognized the need to create legislation and refuge habitat to protect migrating birds. Considered prophetic in his time about issues that would affect the nation and the world, Darling later laid the

foundation, as chief of the precursor to the U.S. Fish & Wildlife Service, for the national wildlife refuge system, which today oversees more than 560 refuges. In partnership with the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS), the *Island Sun* is celebrating the 75th anniversary of the refuge by publishing some of Darling’s editorial cartoons. To learn more about Darling, his work and his legacy, watch future *Island Sun* issues for this monthly feature. For more information about the refuge’s 75th anniversary celebration, visit [www.ding75.org](http://www.ding75.org).

# Foundation Distributes Funds

The Charitable Foundation of the Islands (CFI) Board of Directors and Emeritus Directors Chip Roach, Virginia Stringer, Tim O’Neill, Melissa Congress, Cindy Brown, Ralph Clark, Chris Heidrick, Tony Lapi, Al Hanser and Steve Greenstein agreed to immediately distribute \$30,000 between FISH of SanCap and Community Housing and Resources (CHR). “We have been working with our friends at FISH and CHR for many years and know they are now in the

‘front lines’ of need. While we know this is just a drop in the bucket and CFI’s modest cash resources are limited to social service needs right now, our board and constituents are working hard now to identify ways in which we can bring to bear both funds and human capital resources to fortify our community and its nonprofit capacity,” said Chip Roach, chairman of the CFI board. The foundation is accepting donations to the Community Emergency Fund. “The foundation’s commitment is to the Sanibel/Captiva community. This has never been more forefront in our minds and hearts than right now,” said Roach. For information, email [chiproach@aol.com](mailto:chiproach@aol.com) or call 248-0100.



by KAY CASPERSON

spa • salon • boutique

“I am embracing my solitude and open my heart and mind to new possibilities”



massage • facials • nails • hair • makeup

Although our Spa’s, Salons and Boutiques are temporarily closed for the safety of all, we will continue to inspire you to live your most balanced and beautifulIFE through our online store. We encourage you to stay healthy in your mind and your body and are now offering 40% discount on all of our affirmation based products online. This includes skincare, body/hair, cosmetics, wellness and accessories.

\* To order by phone, please call 239-989-7223 \*

FREE SHIPPING ON ALL ORDERS



We are giving away Kay’s organic, vegetable-based soap bar + soap net for every \$50+ product purchase (limit one per customer)

\* Cannot be combined with any other discounts or offers. Valid in-store or online. Not valid on Kits.

Skincare • Cosmetics • Hair+Body Care  
Vitamins • Essential Oils • Candles  
Home Accessories • Jewelry • Apparel



CAPTIVA  
CHADWICK’S SQUARE  
14830 Captiva Drive  
239-579-1470  
[captivaspa@kaycasperson.com](mailto:captivaspa@kaycasperson.com)



SANIBEL  
SUNDIAL RESORT  
1451 Middle Gulf Drive  
239-395-6002  
[sundialspa@kaycasperson.com](mailto:sundialspa@kaycasperson.com)

SHOP + CONNECT WITH US ONLINE

KAYCASPERSON.COM





Sanibel Historical Museum And Village

## Looking Back: Shell Crafting

This is the 83rd



anniversary of the Sanibel Shell Festival, and the shell handicrafts have changed with the times. This basket portrays the forgotten art of pine needle weaving and today's shell decor.

The Sanibel Historical Museum and Village is located at 950 Dunlop Road, next to BIG ARTS. The village and museum are closed temporarily due to the coronavirus.

Regular hours are Tuesday through Saturday from 10 a.m. to 4 p.m. Guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. There is handicap access to the buildings. Admission is \$10 for adults over 18, no charge for members and children. For more information, visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org) or call 472-4648.✱



Pine needle shell basket

photo courtesy Sanibel Historical Museum and Village

Support our island restaurants, order take-out

## Churches/Temples

### ANNUNCIATION GREEK ORTHODOX CHURCH

Rev. Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. [www.annunciation.fl.goarch.org](http://www.annunciation.fl.goarch.org), 8210 Cypress Lake Drive, Fort Myers, 481-2099.

### BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Barry Fulmer. [www.batyam.org](http://www.batyam.org), 2050 Periwinkle Way, 732-780-2016.

### HISTORIC CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Services every Sunday 11 a.m. November 10, 2019 thru April 26, 2020. 11580 Chapin Lane, Captiva, 472-1646.

### FIRST CHURCH OF CHRIST, SCIENTIST

Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday afternoon meeting 4:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684.

### SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

### SANIBEL COMMUNITY CHURCH

Dr. Stephen LeBar, Interim Senior Pastor Sunday Worship: 8 a.m. Traditional in Historic Chapel; 9 a.m. Contemporary and

Children's Church in Main Sanctuary; 11 a.m. Traditional in Main Sanctuary. Childcare available at all services. [www.sanibelchurch.com](http://www.sanibelchurch.com), 1740 Periwinkle Way, 472-2684

### SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. Sunday worship: chapel service at 7:45 a.m. Full service at 9 and 11 a.m. with Sunday school and nursery care provided, [www.sanibelucc.org](http://www.sanibelucc.org), 2050 Periwinkle Way, 472-0497.

### ST. ISABEL CATHOLIC CHURCH

Father Ed Martin, Administrator, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

### ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Alan Kelmereit, Priest-in-Charge Saturday Eucharist 5 p.m., Sunday Eucharist 8 and 10:30 a.m., Sunday School 10:30 a.m., Tuesday Morning Prayer 9 a.m., Wednesday Healing Eucharist 9 a.m., Prayer and Potluck 1st Wednesdays 6 p.m., Taizé Service 3rd Wednesdays 6 p.m. [www.saintmichaels-sanibel.org](http://www.saintmichaels-sanibel.org), 2304 Periwinkle Way, 472-2173.

### UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. [ryi39@aol.com](mailto:ryi39@aol.com), 2050 Periwinkle Way, 433-4901.✱

*Looking forward to brighter days.*

Please visit [www.congressjewelers.com](http://www.congressjewelers.com) for information or inquiries. We hope to see all of you very soon.

**CONGRESS JEWELERS**

SEALIFE ◀ FASHION ◀ DIAMONDS ◀ ESTATE

Periwinkle Place Shops • Sanibel Island • 239-472-4177 • [CongressJewelers.com](http://CongressJewelers.com)

**Sanibel Beauty Salon**  
Sanibel's First Beauty/Barber est. 1951

**We are closed temporarily but checking phone, email & Facebook messages**

**Stay Safe & See You Soon!**

2248 Periwinkle Way by the Sanibel Bean  
[www.SanibelBeautySalon.com](http://www.SanibelBeautySalon.com) • (239) 472-1111 • [SanBeautys@aol.com](mailto:SanBeautys@aol.com)

**SALE**

BROMELIADS • ORCHIDS • AIRPLANTS  
FARMERS MARKET CLOSEOUT (while they last)  
"BROMELIADS by APPOINTMENT"  
OWNER/VENDOR JUDY HICKS  
Call (239) 472-4784 WED. thru SAT. 10am to 5pm





From left, Rosemary and The Rev. Larry Marshall of Chapel by the Sea with Chapel Events Committee Chair Merni Libonate  
photo by Kathy Kurtz Ferrari

## Organizations Step Up To Help Those In Need

by Kathy Kurtz Ferrari

Several benevolent organizations have recently stepped up their support of the islands' two social service agencies, with major donations to FISH of SanCap, which offers assistance

to islanders in need and runs the food pantry; and Community Housing and Resources (CHR), which provides affordable housing to members of the islands' workforce.

Charitable Foundation of the Islands, The Sanctuary Golf Club Foundation and Captiva Chapel by the Sea were quick to respond as islanders find themselves in need due to the financial impact of the COVID-19 pandemic.

"We have been blessed in many ways here at Chapel by the Sea, and we had some folks who thought that we should share that blessing with others who may have needs," said the Rev. Larry Marshall of Captiva Chapel by the Sea in a phone interview.

The two local agencies are among several organizations the chapel supports throughout the year, not only on the islands but in Fort Myers as well. Marshall said the recent "significant" donation was deemed important at a time of crisis.

"We just thought we wanted to share that abundance with other people who had needs. That was really from the heart. It was just a response to people in need and that we had been blessed and wanted to pay it forward."

Many local individuals and organizations have reached out to support the agencies in recent days, either through funds or food donations for the food pantry run by FISH. "We are very, very grateful to our community resources that have reached out to us," said Melissa Rice, executive director of CHR. The sentiment is also shared by FISH administrators.\*



Members meeting with 2020 Shared Scholar Mary Evelyn Tucker, center photo provided

## Congregations Adopt Interfaith Statement

submitted by Brielle Ruiz

Together – A Way Forward is an island interfaith initiative on Sanibel and Captiva islands including Bat Yam Temple of the Islands, Captiva Chapel by the Sea, First Church of Christ, Scientist, Saint Michael and All Angels Episcopal Church, Sanibel Congregational United Church of Christ

and Unitarian Universalists of the Islands. After over a year of deliberation, refining their identity and gaining participation and momentum, members of the group announced that six island houses of worship have agreed upon a statement calling on people of faith and spirit to show leadership in environmental action. The statement, entitled Care for Creation: A Call for Reflection and Action, affirms their shared belief that they have a spiritual motivation and responsibility to protect the planet, as below:

"Together – A Way Forward is an interfaith initiative on the Barrier Islands

continued on page 7

# We Are Open & We Deliver!

## Homemade Ice Cream, Baked Goods & Sandwiches

Visit our website for menu:

[www.SanibelsBestHomemadeIceCream.com](http://www.SanibelsBestHomemadeIceCream.com)

Call 476-0796



Please Support Our Business

**Sanibel's**  
BEST HOMEMADE  
Ice Cream

Pints \$7  
reg. \$9.95



Quarts \$10  
reg. \$13.95

Try one of our signature flavors!

**SAFETY 1st: All orders taken outside by phone or curbside**

Open Daily 11 a.m. - 8 p.m. • 362 Periwinkle Way • 239-476-0796 • [www.SanibelsBestHomemadeIceCream.com](http://www.SanibelsBestHomemadeIceCream.com)

Please like us on Facebook, Instagram and Twitter



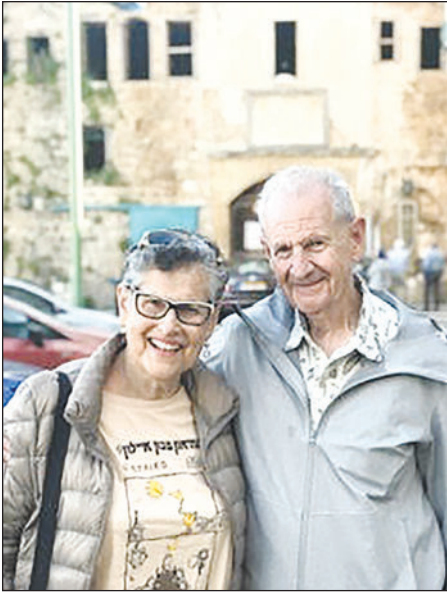
# Meet Some Historical Village Volunteers

Alan and Edina Lessack started volunteering at the Sanibel Historical Village around 2010. They came to Sanibel in the late 1980s when a cousin invited them to spend a week at their Casa Ybel condo. “We fell in love with the island and immediately purchased two weeks of timeshare, which we did over the next 20 years,” they said. Alan is a tour guide and also served on the board of directors for six years, including as an officer and president. Edina has worked in the village store and did the buying for a couple of years. She also has helped with Luminary and volunteered in the Rutland House. She is hoping to lead tours soon.

The Lessacks are originally from Philadelphia but lived in Chicago from 1986 to 2007. They became Sanibel residents in 2008 and reside on the island for eight months. They return to Chicago for the summer months, where Alan is a certified volunteer river docent for the Chicago Architecture Center.

Alan has a bachelor of arts degree in education from Temple University and an master of arts in African studies. He was vice president at Adams-Lessack Co. office supply and furniture, and later district director and national field services director for B’nai B’rith International.

Edina was in hotel sales and marketing, then was in management at



Edina and Alan Lessack photo provided

AT&T for 14 years. During that time, she also sang with opera companies in Philadelphia as a professional chorister and sang and/or conducted synagogue choirs. “In 1993, I took an early buyout from AT&T and started my own company, Meetings & Events USA, planning meetings and events for corporations and associations,” she said.

The Lessacks have played valuable roles at the village, and their dedication is indicative of their passion for history and service.

“I love history,” Alan said. “Every time I speak about quality of life and mention the island was once the mosquito capital

of America, I am in wonder and full of admiration for those brave souls.” He names the old Bailey General Store among his favorite buildings because it served as the center of life on the island. “I love having visitors look at the pharmacy,” he said.

“I have a strong belief in giving back and sharing my passion about the people who make this island what it is today and the commitment to preservation of our quality of life,” he said.

“Unlike many museums where items are behind locked glass doors, almost everything at the village is accessible,” said Edina. “I like meeting visitors and finding out where they are from and what brought them to Sanibel and to the village.”

Edina names the Rutland House as her favorite building, as the rooms are excellent examples of life in the early 1900s.

“I like sharing an important aspect of Sanibel’s history. I enjoy meeting the visitors, and the volunteers are all committed and wonderful,” said Edina.

To become a volunteer at the village, call Executive Director Emilie Alfino at 472-4648 or Volunteer Coordinator Jan Symroski at 472-1856.

The Sanibel Historical Village is currently closed until further notice due to the coronavirus. For information, email [info@sanibelmuseum.org](mailto:info@sanibelmuseum.org) or visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org) for updates.✱

## American Legion Post 123

American Legion Post 123 is closed until further notice.

Member eligibility dates are November 11, 1918 through present. All veterans are welcome to join.

Post 123 is located at mile marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.✱



# Church Services Streamed Live Each Sunday

Sanibel Congregational United Church of Christ is continuing to meet the community’s spiritual needs during this time by live streaming worship services on Sundays at 10 a.m. on YouTube. All are welcome to worship online together through music, prayer and scripture readings with Senior Pastor John Danner, Associate Pastor Deb Kunkel and the Blended Music Trio of Shawn Allison, Abbey Allison and David Dustas. Visit [www.sanibelucc.org](http://www.sanibelucc.org), then click on the button for “YouTube” in the upper right corner of the page. It will take you to the church’s YouTube page and you can join the live stream from there.

There will also be children’s time with Chompers the Crocodile and Wendell the Walrus. These two puppet friends of Pastor Danner share jokes and puns, conversations about daily life, as Chompers learns from Wendell more about God’s caring presence as well as how to care about and for others. While a time for children, eavesdropping adults will discover much to enjoy and possibly even learn from this comedic pair. Pastor Danner said, “Sometimes we all need to see things as a child sees them. Sometimes we need the reassurance that a young person needs.”

The service will also be available afterwards on YouTube. The congregation at Sanibel Congregational United Church of Christ offers this service as one of the ways they are supporting the wider community through this unprecedented time. No matter who you are, no matter where you are on life’s journey, you are always welcome – no matter if it can be in person or for now through a live stream.

For more information, contact the church office at 472-0497 or visit [www.sanibelucc.org](http://www.sanibelucc.org).✱

# WE'RE OPEN!

Call About Delivery

**The Island’s Largest Selection of Liquor & Cigars**

**Curated Selection of Wine & Beer**

**Temporary Reduced Hours**

**Monday to Saturday 9AM to 7PM**

**Sunday 10AM to 7PM**

**(239) 472-1682 • [www.GrogShopSanibel.com](http://www.GrogShopSanibel.com)**

**Bailey’s Shopping Center**

(next to Island Cinema • Corner of Periwinkle Way and Tarpon Bay Road)

# QWIK PACK & SHIP

**We Ship Shells!**

**We Ship Luggage!**

**We Ship Fragile Items!**

**We Accept & Sign For Packages!**

**Shipping • Packing • Packing Supplies**

**BW & Color Copies • Mailbox Rentals**

**Pick Ups • Notary Services • Fax/Scan & Email**

Authorized Shipping Center

Friendly and Courteous service

All items professionally packed with care

**MON-FRI 9:30- 5:30 • Sat 10-2**

1456 Periwinkle Way, Suite B (Next to Billy's Bike Rentals)

(239) 472-0288 • Fax (239) 472-0809

[Rob@IslandBusinessCenter.com](mailto:Rob@IslandBusinessCenter.com) • [www.IslandBusinessCenter.com](http://www.IslandBusinessCenter.com)

# 10% OFF GROUND SHIPPING

WITH THIS AD





Explore the natural world around you

photo provided

# Socially Distant Environmental Stewardship

submitted by Nicole Finnicum

Here at Coastal Watch, we would like everyone to join us as Coastal Watchers and practice socially distant environmental stewardship. Staying at home is challenging, but this is a great opportunity to get outside and connect with nature in your backyard. We encourage you to explore, ask questions, create and make sustainable choices during this time. Here are a few of our favorite sheltering ways to enjoy nature: Take walks and explore the natural world around your home. What animals live there? What plants? Pledge to take on a new nature fact of the day. Research a topic and share it. Encourage nature to visit your home. Create bird feeders, bird houses, or bee

hotels. Research native plants to install in the future. Create a nature journal to record fun findings, observations and sketches of what you discover while outdoors. Pick up litter around your home, on walks and anywhere you see it. Please be safe and use your discretion when picking up objects; dispose of litter properly. Adhere to, and learn about proper recycling protocols. Repurpose recyclables when you can to create fun, interesting projects. Make a pledge to reduce single-use plastics in your life. Encourage friends and family to join you. Learn about your watershed and map it. What features surround your watershed? How is it impacted by them? What can you do to improve its health? Calculate your family's carbon footprint. How can you challenge yourselves to decrease it? Please take time to enjoy the fresh air, share your findings and inspire others. For more information, visit [www.sancapcoastalwatch.org](http://www.sancapcoastalwatch.org) or contact [coastalwatch@sanibelseaschool.org](mailto:coastalwatch@sanibelseaschool.org).✪

## From page 5 Interfaith

of Southwest Florida – and beyond. Our goal is to provide leadership and inspiration for the care of Earth, first locally, and then globally. “As active participants in organized spiritual communities, we represent a variety of religious faiths, yet we share common beliefs, that we, as people of faith, have an obligation to safeguard and steward the natural environment. “We acknowledge that Earth’s stewardship is a portion of our spiritual practices. We affirm that we are committed to encouraging the adoption of best practices on our properties, in our community, and to inspire all people to do the same.” A ceremonial signing of the statement was originally planned to be held during a Sanibel Causeway Celebration of Creation sponsored by Together on the 50th anniversary of Earth Day on April 22. Unfortunately, it has been canceled. However, given these uncertain and isolating times, Together believes it is important to gather symbolically and spiritually as stewards of the planet and

in support of the community. In the spirit of moving forward “together,” the group encourages all to create their own private celebrations of “creation” on this historic Earth Day. The organizers are in the process of creating a collection of inspirations, blessings, poems, quotes and prayers for individuals to reflect on, use and share. Stay tuned for a future announcement with more information on how to celebrate the planet – and socially distance at the same time. At challenging times like these, one might turn to the great outdoors, even through the window if necessary, to find peace and solace. As John Muir said, “One touch of nature makes the whole world kin...” (Our National Parks, 1917). Together is sending strength, health and best wishes to the community: “We stand together – even if we must stand six feet apart for now.” Together – A Way Forward has been facilitated by Peter Blaze Corcoran and intern Brielle Ruiz of FGCU. They are part of a working group which includes Jean Chandler, Sandy Ehlers, Mike Miller, Bruce Neill, Chip Roach and Ellen Sloan. For further information on this initiative, email [togetherawayforward@gmail.com](mailto:togetherawayforward@gmail.com).✪



**JERRY'S**  
Foods

The Neighborhood Place  
of Sanibel

**JERRY'S HAS  
EVERYTHING YOU NEED!**

Groceries • Wine & Spirits • Restaurant  
Gifts • Beach Necessities • Ice Cream  
Art • Full-Service Organic Spa

Nanny's  
Children Shop

H2O Outfitters

Footloose

Sanibel Surf Shop

Spatini Teabar, Organic  
Spa & Hair Lounge

Sanibel Spirits

Love Boat Ice Cream

Sanybel's Finest Art  
and Collectables

Visit our collection  
of live parrots in  
the courtyard!



 [www.jerrysfoods.com](http://www.jerrysfoods.com) 

1700 Periwinkle Way • Sanibel Island, FL 33957  
Phone: (239) 472-9300



# City Council Closes Rentals To Short-Term Visitors

by Wendy McMullen

The City of Sanibel shut down all rentals and tourist accommodations for the next 28 days in view of the threat of the COVID-19 virus. The action went into effect March 27.

“We are by definition, based on our demographics, an island of susceptibility,” said Councilman Holly Smith, who led the charge to shut down rentals at the emergency meeting held on March 27. “We need to take that very seriously. The median age of Sanibel residents is 66. People over 65 are most likely to suffer serious consequences and die from the disease.”

Two days earlier, the city council had convened a special meeting and banned rental periods of less than seven days. It was only after hearing from a multitude of Sanibel residents at another special meeting of the Sanibel City Council held on March 27 that the city increased the minimum stay to 28 days, effectively shutting down the island to tourists.

“We are allowing people to come in pretty much unrestricted because of what we have in place right now,” Smith said, referring to the policy of allowing weekly rentals passed on Wednesday. “I see two days ago as being different from where we are today and I think that we’ve seen that input from our citizens.”

Residents were not the only parties interested in banning rentals altogether. Mayor Kevin Ruane said that by not closing rental accommodations entirely, the city was preventing business owners from claiming business interruption insurance.

“We’re not doing anything for our business community,” Ruane asserted, arguing for a solution that would have the least impact on the business community. “One business person told me, ‘Do me a favor. If you’re going to put me out of business, then put me out of business completely.’”

“If we can help our businesses, then that’s an added benefit,” said Councilman Richard Johnson.

The approved legislation mandates

no new check-ins for all public accommodations for the next 28 days. Visitors currently checked in may stay in place but anyone not having checked in already will have their reservations canceled. Owners of timeshare weeks have the same rights as any other condominium owner but they may not rent those weeks. The mobile homes at Periwinkle Park have already closed reservations.

These proclamations were the latest in the city’s attempts to stem the flow of tourists to the island in what is usually the busiest time of the year.

On March 27, the city closed all the public parking lots, Sanibel Community Park on Periwinkle Way, Pond Apple Park Trail, Sanibel Recreation Center and Roadside City Park on Periwinkle.

Restricted earlier was the ability of the popular Sunday morning farmers market from selling anything but food items, banning alcohol sale for consumption on any premises including hotels and motels, and cancelling all special events permits.

Many special events including the Sanibel-Captiva Conservation Foundation’s popular Beer in the Bushes and the Children’s Education Center of the Islands’ fundraising Spring Festival had already been canceled. March and April are considered the most opportune times for fundraising outdoor events on Sanibel.

The special meeting was originally called to discuss Lee County’s draft of a resolution to ban non-essential travel and close non-essential businesses, and much of the meeting focused on passing Sanibel’s own emergency measures to preempt the county’s proposed resolution.

Mayor Kevin Ruane already predicted that Lee County’s draft resolution banning non-essential travel and closing non-essential businesses would not pass and he was correct. At the March 30 meeting, Lee County commissioners were concerned about the effect of a ban on local businesses and expressed satisfaction that the measures already passed had sufficiently quelled large gatherings and unnecessary travel. A casino where one of Lee County’s coronavirus fatalities had gambled has since closed despite a fight to let it remain open.

Despite Mayor Ruane’s certainty that Lee County’s draft resolution would fail, city council came prepared to draft its own resolution tailored to the specific character

of Sanibel.

“I’m going to force this issue and come to the point so that we don’t dance around it too long,” said Councilman Jason Maughan, introducing the idea of passing the city’s own resolution. “I’m going to propose that Sanibel adopt the resolution of non-essential travel be stopped and travel be limited to essential businesses only.”

Councilman Richard Johnson supported the idea. “I think that we need to take the steps that are necessary to protect this community in the short term so that we can recover in the long term,” he said. “Businesses will recover, people won’t. We’ve seen this model be successful throughout the world. I think we need to be leaders and lead in that direction so that we can get there, so that we can have something to recover to.”

“If we wait for someone else to tell us that we need to do, number one, it’s going to come too late, number two, I don’t think it’s going to fit our community. We are vastly different,” Johnson said.

“I think we have to look after the needs of our community, which have been screaming from the rafters here,” said Councilwoman Holly Smith, advocating taking measures that day rather than waiting until the council can find perfect legislation to fit Sanibel.

“This virus is doubling in two days,” added Councilman Richard Johnson. “I don’t think we have the time to wait two days, or three days or heaven forbid, next Wednesday. I don’t think we should wait on Lee County.”

“My problem with what I’ve read is that we have other vulnerabilities that are not included in this and would be excluded,” Councilman Mick Denham said, referring to Lee County’s defeated draft bill. “Are we going to be forced into whatever Lee County wants us to do. I don’t want a proclamation passed that we don’t have the option to add our vulnerabilities to.”

Mayor Kevin Ruane was more circumspect about Sanibel passing its own emergency ban on non-essential travel and businesses.

“I’m concerned that we are proposing something that we don’t have clarity on,” he said. “Our police do not have the personnel to enforce emergency measures. I want to make sure we don’t write a check that we can’t cash.”

Ruane pointed out that while emails from citizens said there were people “all over the waterways and beaches,” his observations and the data coming in told a different story.

“The airport is down to September numbers and the number of people crossing the causeway is down from 12,000 to 5,000. We already have restrictions in place that we have been unable to quantify. We have cut off the supply. We’ve cut off everything for a tourist to do,” he said, urging the council to put off any emergency bans until the situation was clearer.

“I don’t want to see paralysis by analysis,” said Maughan, arguing for the city’s own emergency measure. “We’re going to lash our colors to someone else’s mast, which I will not approve of.”

Maughan’s motion to pass Sanibel’s own emergency measures failed by a vote of 4 to 1.

Arguments by the Sanibel & Captiva Islands Chamber of Commerce and the manager of Sanibel Inn urging the city council to use occupancy rates rather than minimum rental periods to limit rentals also failed after Councilman Holly Smith pointed out that two rentals of two couples renting for five days each posed twice the risk of one couple renting for 10 days.

As of Thursday last week, there were two confirmed COVID-19 cases on Sanibel, and residents sending emails to city council last week were demanding to know their whereabouts and who might have come into contact with them. Many residents sending emails to the city were concerned that visitors were fleeing the hot spot tri-state area of New York, New Jersey and Connecticut and were bringing the virus with them.

“Keep us safe. Send the message that we’re not a vacation destination,” one writer appealed, reporting that JetBlue was offering \$18 fares from Boston to RSW.

Most residents contacting the city urged greater rental restrictions or banning rental accommodations entirely. Many even advocated closing beaches, banning fishing and even closing the bridge. Limiting access to the island to those with hurricane passes was another common suggestion to the problem of people coming to the island unnecessarily.

The city of Fort Myers Beach has passed a 90-day limit on rentals.✴

Independently Owned And Operated  
COPYRIGHT 2020 Island Sun  
LORKEN Publications, Inc.



 PRINTED ON RECYCLED PAPER

  
NEWSPAPER  
Sanibel & Captiva Islands

USPS 18: Bulk Rate permit paid for at Sanibel, FL, 33957.  
Postmaster: Send change of address to Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.  
Published every Friday for the people and visitors of Sanibel and Captiva Islands.  
Distribution: 8,000 - 10,000 per week (seasonal).  
Mailed free to Sanibel and Captiva residents every Friday. Subscription prices: Third Class U.S. \$60 one year, \$30 six months (Allow 2-3 weeks for delivery). First Class U.S. \$150 one year, six months \$75 (Allow 3-5 days for delivery).  
Prices include state sales tax. Send subscription requests to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.  
The Island Sun will correct factual errors or matters of emphasis and interpretation that appear in news stories. Readers with news, tips, comments or questions, call 239-395-1213; or write to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.  
FAX number: 239-395-2299.  
Email: [press@islandsunnews.com](mailto:press@islandsunnews.com), Email: [ads@islandsunnews.com](mailto:ads@islandsunnews.com)  
The Island Sun reserves the right to refuse, alter or edit any editorial or advertisement.




**Read Us Online: [www.IslandSunNews.com](http://www.IslandSunNews.com)**

<b>Publisher</b> Lorin Arundel	<b>Contributing Writers</b>
<b>Accounting</b> Mike Terry	Leah Biery Kay Casperson Constance Clancy, EdD Suzy Cohen Linda Coin Cindy Carter DeCosta Marcia Feeney Katie Frederic Shelley Greggs Jarred Harris Marion Hauser, MS, RD Ross Hauser, MD Bryan Hayes
<b>Advertising</b> Bob Petcher	Craig R. Hersch Dr. Jose H. Leal, PhD Kealy McNeal Capt. Matt Mitchell Trinette Nelson Howard Prager Gerri Reaves PhD Angela Larson Roehl Hannah Star Rogers J. Brendan Ryan, CLU, ChFC, MSFS Di Saggau Jeanie Tinch
<b>Graphic Arts &amp; Production</b> Ann Ziehl, Manager Amanda Hartman Justin Wilder	
<b>Reporters</b> Jeff Lysiak Kathy Kurtz Ferrari Wendy McMullen Brian Johnson	



TAHITIAN GARDENS

1975-2019 PERIWINKLE WAY

Adventures In Paradise  
Cedar Chest Fine Jewelry  
Cheeburger Cheeburger   
C. Turtles  
Pandora's Box  
Pandora's Box Too  
Paper Fig Kitchen   
Royal Shell Real Estate  
Royal Shell Vacations  
Sanibel Cafe   
Sanibel Resort Wear  
Sanibel Sole  
Shiny Objects  
Synergy Sportswear  
Wilford & Lee Home Decor

THE VILLAGE SHOPS

2340 PERIWINKLE WAY

Tribeca Hair Salon  
t2 Traders   
Watson MacRae Gallery  
Why Knot

OLD SANIBEL SHOPPES

630 TARPON BAY ROAD

Amy's Something Special  
Island Paws  
jb designs  
On Island  
Over Easy Cafe   
Sanibel Art & Frame  
Suncatcher's Dream

TOWN CENTER

2496 PALM RIDGE ROAD

Subway®   
The Pecking Order 



SHOP ON SANIBEL

Come for the beaches...  
discover the shopping!

An upscale ambiance at four distinctive Centers.  
You'll find boutique shopping, family dining, personal services,  
as well as, vacation and real estate information.

Now open at  
The Village Shops



*Tahitian*  
GARDENS  
1975-2019 Periwinkle Way

*The*  
VILLAGE SHOPS  
2340 Periwinkle Way

*Town*  
CENTER  
2496 Palm Ridge Road

*Olde*  
SANIBEL SHOPPES  
630 Tarpon Bay Road



For individual shop information:

[www.ShopOnSanibel.com](http://www.ShopOnSanibel.com)





## Plant Smart

## Netted Pawpaw

by Gerri Reaves

**N**etted pawpaw (*Asimina reticulata*) is a slow-growing deciduous member of the custard-apple family and one of several native pawpaw species in the state.

Also called flag-pawpaw and pineland pawpaw, this multi-stemmed shrub reaches a height of two to six feet. Another name, reticulated pawpaw, refers to the net-like or crisscrossing of leaf veins.

Its natural habitat includes woods, hammocks and sandy flatwoods.

The alternate oblong to narrowly obovate leaves have either pointed or rounded tips. Leathery in texture and about two to four inches long, their edges are sometimes rolled under.

Large fragrant white flowers of two to three inches across appear in spring. Showy, pendent and bell-shaped, they have three inner and three outer petals. The sepals are triangular and the inner petals incurved.

The peanut-shaped fruit is one to three inches long.

This shrub grows in full sun to partial shade, developing fuller foliage in sun. It can withstand brief periodic freshwater flooding, but not salt.

It is drought tolerant once established, has a deep taproot, and can grow in nutrient-poor soil.

Propagate it with the dark brown seeds or with suckers. The shrub sometimes self-sows. It is not transplantable due to the taproot.

The fruit is eaten by wildlife, particularly the gopher tortoise. It is said to have a banana-like flavor, which inspires yet another name, dog-banana. Be cautious about ingesting it, though, for some people are allergic to it.

The plant is the larval species for the Zebra swallowtail butterfly and the pawpaw sphinx moth.

That moth made some major science news recently. It was observed and photographed for the first time pollinating



**Native netted pawpaw is a wildlife-friendly shrub with large fragrant springtime flowers**  
photo by Gerri Reaves

the rare ghost orchid in the Florida Panther National Wildlife Refuge.

It was one of five moth species visiting the flower and one of only two pollinating it. Those two are additional pollinating species besides the giant sphinx moth, which was previously thought to be the endangered orchid's only pollinator.

Sources: *Florida Plants for Wildlife* by Craig N. Huegel, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *Gardening for Florida's Butterflies* by Pamela F. Traas, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *The Right Plants for Dry Places* by Suncoast Native Plant Society, *The Shrubs and Woody Vines of Florida* by Gil Nelson, <http://www.efloras.org>, and [www.nationalgeographic.com](http://www.nationalgeographic.com), and [www.regionalconservation.org](http://www.regionalconservation.org).

*Plant Smart explores the diverse flora of South Florida.\**

## Boat Safely For Sea Turtles

**O**n March 21, Sanibel-Captiva Conservation Foundation (SCCF) sea turtle staff served as first responders in a coordinated sea turtle rescue by the Lee County Sheriff's Department Marine Unit, and in transportation to Clinic for the Rehabilitation of Wildlife (CROW). Sadly, a loggerhead sea turtle died due to a boat strike.

With higher than usual boat traffic right now as a favorite social distancing activity, SCCF wants to remind everyone to be on the lookout for sea turtles.

"It's also the time when our loggerheads are returning to our waters for breeding nearshore," said Kelly Sloan, SCCF coastal wildlife director.

Because males are clasping females for long periods during the breeding season, they are both burdened with limited maneuverability. Experts estimate that only one in 1,000 sea turtles survives to adulthood. Yet that one turtle that beats the odds can lose its life in an instant to a boat strike.

Boaters can save sea turtles' lives by following these tips:

Slow down, wear polarized sunglasses and stay alert to avoid sea turtles.

Consider minimizing boating within the .6-mile strip along the shoreline.

Research indicates that adult loggerheads tend to concentrate in this area during the breeding and nesting season. If you need to boat within this area, travel at idle speed so the sea turtles have a chance to dive out of your way.

Have a designated turtle lookout on board. Be aware that sea turtle heads can look very similar to crab trap buoys.

Obey all "No Wake" "Idle Speed" and "Slow Speed" zones, but realize that sea turtles are found everywhere, not just within the boundaries of these zones.

Sea turtle nesting season officially begins April 15, with the first nests usually laid in late April.

"Loggerheads and leatherbacks on the east coast have both been documented earlier than normal. If we're lucky we might see some earlybirds on our coast, too," said Sloan.\*



**SCCF's Jack Brzoza assisting the Lee County Sheriff's Department Marine Unit with the loggerhead sea turtle rescue**  
photo provided

## EXPERIENCE: HUNDREDS OF SUCCESSFUL LANDSCAPES



300 Center Road, Fort Myers FL 33907

PHONE **239.939.9663** • FAX **239.939.8504**

**[www.NoLawn.com](http://www.NoLawn.com) • [www.AllNative.biz](http://www.AllNative.biz)**

OPEN DAILY: 9 to 5 Mon - Sat • 10 to 3 Sun



**OUR NURSERY FEATURES  
OVER 200 SPECIES OF NATIVE  
PLANTS ON SEVERAL ACRES**

- Butterfly Gardens ■
- Wildlife/Bird Sanctuaries ■

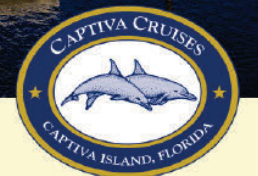
*We also offer landscape design,  
consultation, installation and maintenance.*



For over 30 years, Captiva Cruises has been providing beach & shelling cruises, island hopping, dolphin adventures and the most dazzling sunsets on the Gulf of Mexico.

Join us as we explore the islands of Cabbage Key, Useppa, Cayo Costa State Park, Boca Grande and Pine Island.

Call or book your tickets online! Reservation are Required.



**239-472-5300**

**[captivacruises.com](http://captivacruises.com)**



# LET US DELIVER!

ORDER ONLINE!



**PICKUP or DELIVERY**  
*Fast and Easy*



1700 Periwinkle Way  
Sanibel Island, FL 33957  
Phone: 239-472-9300



[www.jerrysfoods.com](http://www.jerrysfoods.com)





# Tarpon Tales



by Capt.  
Matt Mitchell

**T**he threat of COVID-19 has forced the majority of our April clients to cancel their trips. With now only a few trips a week scheduled, all with my local clients, I'm gonna make the

most of it and still get out to enjoy some of the best early spring fishing we have experienced in years.

Tarpon have showed up all through our area. Most of the clients that I had scheduled to fish with this week did not take much persuading to give these fish a go. All the usual places in the sound had these spring time giants. Switching gears and chasing the silver king was a much needed break from all the craziness on land.

While sitting in rolling tarpon, we noticed it did not take long to hook up some days. Having a rod double down and seeing a six-foot-long tarpon jump for the sky is as good as it gets. Marking off a bucket list of fish for a client is always a good feeling. Most of my anglers usually head back up north before they can get a shot at our spring time push of tarpon. These early season fish are great for everyone – me included.

No matter how well you explain how strong a tarpon is to a client, it simply has to be experienced to be believed. Thirty minutes into one fight earlier last week, we had a big hammerhead pop up on a



**Capt. Matt Mitchell involved in tarpon wrangling**

hooked tarpon. This wild fish took off with a new lease on life, jumping and running after we thought we had it beat. After starting up the outboard and keeping the boat close to the hooked tarpon, the shark gave up. Fifteen minutes later, we brought this fish boat side and, after grabbing the leader for a few pictures, let it swim off.

After more than a 30-minute battle during another tarpon fight this week,

this fish decided to tow us up into super shallow water. In order to try to get the hook out, I had to climb into ankle deep water and follow this fish. After wrangling it, I was still not able to grab it for that perfect picture. While holding the leader and being within a few feet of the fish, it surged one last time and broke off.

Every tarpon fight is different, while some are much more memorable than

others. The common denominator is that they are full on thrills. Feel the amazing power of these fish.

*Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).* ☆

photo provided

## BOAT RENTALS

Fishing • Cabbage Key  
Dolphin Watching  
Captains Available

**472-5800**  
Jensen's Marina  
Captiva Island

## FLORIDA'S #1 SELLING INSECT REPELLENT



- Locally owned and operated
- 100% natural ingredients
- Smells great
- Safe to use on kids
- Works on pets & horses
- Non-greasy or sticky formula
- Repels mosquitoes & most biting insects



Visit Our Website for Locations  
on Sanibel & Captiva Islands

[WWW.NONOSEEUUM.COM](http://WWW.NONOSEEUUM.COM)

## f CLEAR YOUR GEAR™ It Catches More Than Fish Barbless hooks cause less damage than hooks with barbs



## CAPT. MATT MITCHELL



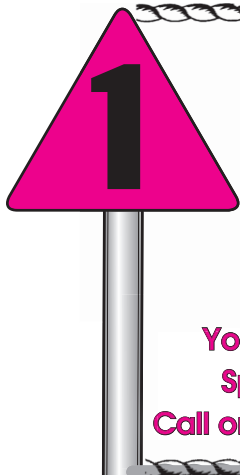
## Light Tackle Sport Fishing

Tarpon • Snook  
Redfish & More

**C: (239) 340-8651**

[www.captmattmitchell.com](http://www.captmattmitchell.com)

email: [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com)



**Your Bottom  
Specialist  
Call on Paint Prices**

# ISLAND MARINE SERVICES, INC.

- NEW MOTOR SALES • REBUILT POWERHEADS •
- FACTORY TRAINED •

MERCURY – MARINER – JOHNSON – EVINRUDE  
SUZUKI – YAMAHA – OMC – I/O'S – MERCURUISER

*Courteous Professional Marine Repair Service • Dockside Service  
Serving Sanibel & Captiva For Life*

**472-3380 • 466-3344**



Dave Doane



# Cells, The Fundamental Unit Of Life

submitted by J. Bruce Neill, PhD

This week, I'm not going to go into SARS CoV-2, the virus that causes COVID; I think we've all heard enough about COVID recently. Instead, this week, we are going to drill down about the basics of life: how we work at the cellular level, and how we differ from viruses.



All living things are made of cells. Cells were first observed in the 17th century immediately after the invention of the microscope by a Dutch scientist, Antonie van Leeuwenhoek; an English contemporary, Robert Hooke, first coined the term cell shortly following. In the early 19th century, the now universally accepted Cell Theory was established, which in its present interpretation states – energy flow occurs within cells, heredity information (DNA) is passed on from cell to cell, and all cells have the same basic chemical composition.

In eukaryotic cells (all living things except for the bacteria), each cell is composed of a cellular membrane that encloses the structure and isolates the inner parts of the cell from the outside world. The cellular membrane is a thin lipid (fat) layer, with embedded proteins interspersed throughout. Inside the cell, there are a number of smaller, organized structures, called organelles that carry out the functions of the cell.

One of these organelles, the mitochondria, carry out cellular metabolism – harvesting the energy stored in the chemical bonds of sugars, producing CO<sub>2</sub> in the process. Others are sites where proteins are manufactured from their amino acid building blocks. Still another is the nucleus, which contains the instructions for all the cellular functions; encoded in a chemical known as DNA.

DNA is a long, linear molecule; its length much longer than the cell itself, in the nucleus of the cell, it is coiled in discrete bundles we call chromosomes. The instructions are used to create a working copy composed in a different chemical compound, RNA – which carries out the execution of a cell's work. Sexual reproduction is the risky business of halving our chromosome compliment and combining them with half of someone else's and watching how it turns out.

Although some cells are very highly specialized and highly modified, most cells share a pretty similar architectural design. They have an external lipid membrane, and a variety of internal structures, the organelles. The master plan for the functionality of each cell is encoded in DNA, stored in the nucleus.

Viruses have a fairly similar overall design – only much, much simpler. They have an outer shell, called a viral envelope. Inside the viral envelope, there are usually no, or at least very few, organized substructures. They have a small strand of DNA, and some viruses only have RNA inside the viral envelope. When they infect a cell, they commandeer the organelles of the host cell to manufacture new viral particles, using the instructions encoded in the viral DNA or RNA.

While you are sheltering, washing your hands frequently and keeping a safe distance from others, take time to go outside and enjoy nature. Breathe fresh air, get some exercise and let the wonders of our natural world ease your

tension and anxieties. This will pass, and we will have a better future for what we have learned.

*Dr. Neill is the director of education at Sanibel Sea School. Part of the SCCF (Sanibel-Captiva Conservation Foundation) family, Sanibel Sea School's mission is to improve the ocean's future, one person at a time.\**

## Campuses Closed At FSW

All Florida SouthWestern State College (FSW) campuses/centers are currently closed to students through Friday, May 1. Spring 2020

classes will continue online delivery through the end of the spring term.

Summer and Fall 2020 course delivery methods will be assessed at a later date.

Summer and Fall 2020 course registration will begin as scheduled.

Students will not be able to register for classes on campus. All registration must be completed online.

Student services departments will continue to provide student support remotely.

Students are asked to monitor their Bucs email, Canvas and the FSW webpage, [www.FSW.edu](http://www.FSW.edu), for further updates.\*



## F.I.S.H. OF SANCAP

### Neighbors Helping Neighbors

For over 37 years, F.I.S.H. OF SANCAP has been the social service organization on both Sanibel and Captiva. Started in island residents' kitchens and out of their cars, F.I.S.H. has continued to grow to meet the demands of our community thanks to the generosity of our donors and volunteers. We are proud to say that over 90 percent of every dollar donated goes directly to our programs and services.

The mission of F.I.S.H. is to lend a helping hand to those who live, work or visit here, and F.I.S.H. has something for everyone. It is our goal to offer services that can assist, educate, and enrich all our island community through our **Helping Hands Program, Food Pantry, Adult & Youth Scholarships, Workshops, Transportation** and more!



### Our Generous Donors Are Changing Lives

Your support, in large part, is how we are able to answer all service requests received from our island neighbors. Without your tax-deductible donations, we would not be able to provide the services that we do. **Our neighbors need your help.** Please visit [fishofsancap.org](http://fishofsancap.org) to learn more.



**Ad Sponsored By:**  
**Chuck Bergstrom, Award-Winning REALTOR®**  
with RE/MAX of the Islands



2430-B Periwinkle Way, Sanibel FL 33957 • 239-472-4775 • [FishOfSanCap.org](http://FishOfSanCap.org)



Shell Of The Week

# Dog Head Triton



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

**R**anularia cynocephala (Lamarck, 1816) has a sturdy shell that reaches 70 mm (about 2.8

inches). The shell has squarish whorls, a long siphonal canal that may be recurved, and may bear a varix, which denotes the occurrence of a growth stop. The shell sculpture consists of strong spiral cords crossed by weaker axial ribs. The outer lip of the aperture is garnished internally with seven strong, white teeth. The shell color is usually golden-brown, often with a whitish spiral band near the middle of whorl. This is a very uncommon species locally and, as with most tritons, occasional findings may indicate isolated, independent arrivals of long-lasting planktonic larvae on our shores in contrast to the presence of permanent local populations. Read more about mollusks and their shells at [www.shellmuseum.org/shell-guide](http://www.shellmuseum.org/shell-guide) and [www.shellmuseum.org/blog](http://www.shellmuseum.org/blog).

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).✱



The Dog-head Triton, *Ranularia cynocephala*, from Sanibel

photo by José H. Leal

Support our island restaurants, order take-out

## HAPPY BIRTHDAY



Karen Semmelman photo provided

**K**aren Semmelman is celebrating a momentous occasion on April 3, 2020. More than simply an anniversary of her birth, but rather a transitional point in her life. To those who know her, she is a shining beacon of happiness, a manifestation of the true meaning of “joie de vivre,” a good friend, a wonderful sister, mother and grandmother, and a loving, caring and, most importantly, “understanding” wife.

When you next see Karen, please join with her family in wishing her a wonderful birthday.✱

We are currently serving  
take out meals for  
breakfast & lunch from  
7am to 3pm every day  
until further notice!

239.472.0303

362 PERIWINKLE WAY, SANIBEL | [LIGHTHOUSECAFE.COM](http://LIGHTHOUSECAFE.COM)

Serving Sanibel Since 1977 • Eat In - Take Out • Free Local Delivery

**TAKE OUT & DELIVERY!!!**

(We have teamed up with our sister restaurant Sweet Melissa's for delivery)

**Happy Hour EVERYDAY From 2-6 PM**

**Half Price Apps • \$6 Cheese Pizza (10")**

**BOGO Free On All Draft Beer & Wine**

**OPEN 7 DAYS 11 am - Closing**

**239-472-1581 & 239-472-1107**

1619 Periwinkle Way, Sanibel, FL

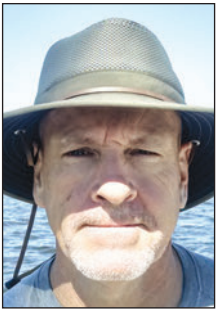
Facebook: [islandpizzasanibel](https://www.facebook.com/islandpizzasanibel)

Instagram: [Island\\_pizza\\_sanibel](https://www.instagram.com/Island_pizza_sanibel)



## CROW Case Of The Week:

## American Bald Eagle



by Bob Petcher

The American bald eagle (*Haliaeetus leucocephalus*) is referred to as the emblem bird of the United States. Though, if Benjamin Franklin had his way when that decision was

being made, the wild turkey would have been adopted as the national bird. Franklin called the bald eagle a "bird of bad moral character" due to its aggressive nature towards other winged animals.

While it is a majestic animal, the bald eagle can be labelled a predator or a scavenger. It often feeds on carrion, including dead fish washed up on shore, and it steals food from ospreys and other smaller birds.

At CROW, an adult bald eagle was rescued after being reported unable to fly near a quarry in Fort Myers. Upon admission to the hospital, veterinarians found that the eagle had numerous broken primary feathers on its right wing, scabbed wounds at the tip of its wing and legs, and overall poor feather quality.

"Primary feathers are the long outer feathers on the wing which are important for generating forward thrust during



Patient #20-758 shortly after being admitted to CROW

photo by Brian Bohman

flight; these are directly attached to the underlying bone," said Dr. Robin Bast, CROW staff veterinarian. "Other feathers on the wing – secondaries – overlap and help give the bird lift during flight. Retrises, or tail feathers, are important for steering to allow the bird to change direction. If the primary feathers are damaged, it affects their ability to fly."

The patient's injuries were believed to have been caused by fighting with another eagle. After a few days for the scabbed wounds to heal, the eagle was moved to an outside enclosure to assess its flight capabilities. Unfortunately, the broken feathers prevented the eagle from

flying.

"Currently, the eagle is in an outdoor enclosure while its wounds heal," said Dr. Bast. "This allows it to use its muscles and maintain normal behavior while minimizing stress until such time we can perform a feather implant procedure called 'imping'."

CROW medical officials explained that the imping process – a procedure in which donor feathers from a deceased bird or previously molted feathers from a captive bird are used to implant into the shafts of broken feathers – will limit the time the eagle is in captivity. Veterinarians plan to 'imp' new feathers

once they are acquired.

"Imping is the process of temporarily implanting a specific feather – same species, appropriate size feather – into the shaft where the original feather was broken. This serves as a temporary feather until the bird goes through a normal molt process, dropping and re-growing feathers naturally," Dr. Bast explained further. "Imping allows us to get a bird rehabilitated and released faster than if we waited weeks to months for a natural molt to occur. Imping significantly shortens their time in captivity, allowing them to regain flight function much faster than with a natural molt."

CROW officials were able to secure feathers for their patient.

"With the appropriate permits, we were able to obtain eagle feathers from another facility in the state of Florida. You cannot legally possess feathers, particularly those of an eagle, without federal permission," said Dr. Bast via email on March 31. "The procedure is scheduled for later this week. If successful, this eagle would be able to be released a few days later. It will keep the temporary impied feathers until such time as it naturally molts and grows back in its own feathers."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).✪

# Bailey's

Groceries • Hardware • Gifts

Serving Sanibel and Captiva Since 1899

ALSO SERVING YOU IN 2 OTHER LOCATIONS

**The Island Store**11500 Andy Rosse Lane, Captiva  
(temporarily closed for remodeling)**Bailey's Marketplace at Sundial**1451 Middle Gulf Dr, Sanibel  
**239-395-6016**2477 Periwinkle Way • Sanibel, Florida • **239-558-0548** • [baileys-sanibel.com](http://baileys-sanibel.com) • **OPEN 7 DAYS 7 AM - 9 PM**

## THE ISLAND'S ORIGINAL SHOPPING experience

Whether you're visiting, vacationing  
or an island resident,  
Bailey's is an island tradition.

Bailey's understands the importance of convenience, so our frozen foods section is a growing department offering total meal solutions for breakfast, lunch and dinner. Plus, we have a great selection of ice cream, frozen treats and desserts to satisfy any sweet tooth. Check out what's new and cool in our freezer cases today!



- Fresh Meats, Seafood & Produce
- In-House Bakery & Deli
- Organic & Gluten Free Products
- Catering Service & Fine Wines
- Shopping & Delivery Service
- Coffee Bar with Daily Specials
- **GIFTS & GENERAL MERCHANDISE**
- Full-service Hardware

**ENJOY BEER & WINE IN-STORE  
WHILE YOU SHOP  
AT OUR COFFEE SHOP!**





Snowy plover photos provided

# First Enclosure Installed For Plover Season

On March 24, Sanibel-Captiva Conservation Foundation (SCCF) staff roped off an area of beach near the lighthouse for nesting snowy plovers, in cooperation with the City of Sanibel.

Snowy plovers are a threatened species in the state of Florida. In 2019, two pairs of plovers nested and raised their young in the same location.



**Nesting marker**

Four chicks fledged on Sanibel in 2019, which was an increase from the previous two years.

Currently there are four pairs of snowy plovers pairing up and establishing territories in this area. Protecting their nesting areas is essential to their survival, as these small, sand-colored birds lay their nests in shallow depressions in the sand. They need a safe space to protect their nests from accidental destruction.

You can help protect snowy plovers by giving them their space. Always stay outside posted areas, and keep all pets on a leash. If a plover is scared off

her nest, the eggs and chicks are left exposed to the sun, and to predators like crows and gulls.

Never feed wildlife, as this can attract predators to nesting areas. Always pick up your trash, and fill in any holes you dig on the beach. Small flightless shorebird chicks can become entrapped and die.

Contact [shorebirds@sccf.org](mailto:shorebirds@sccf.org) with any questions about snowy plovers. If you see a violation, call the Florida Fish & Wildlife Conservation Commission (FWC) wildlife alert hotline: 888-404-FWCC.

## Update From 'Ding' Darling

The CDC and other health professionals recommend getting outside, as long as you practice the necessary guidelines for social distancing, hand-washing and other prescribed measures. Getting outside with fresh air and exercise has been shown to benefit the brain, body and soul. It helps strengthen your immune system and improve your emotional well-being.

Wildlife Drive and all refuge hiking trails at JN "Ding" Darling National Wildlife Refuge on Sanibel remain open from 7:30 a.m. to 7 p.m., free of charge. The "Ding" Darling Visitor & Education Center and restrooms, Tarpon Bay Explorers recreation concession and all refuge and "Ding" Darling Wildlife Society (DDWS) offices are closed until further notice. All events, tours

and programs have been temporarily canceled. Bailey Tract parking lot on Tarpon Bay Road is closed (to deter beach parking), but is still accessible via Island Inn Road.

The restrooms on Wildlife Drive are open. While using any refuge facilities, remember to keep CDC social distancing guidelines in mind, and wash your hands thoroughly afterward. Please stay home if you are not feeling well.

Check out the #DingAtHome page for activities. For more information, call 472-1100 ext. 237.

## Shells Found



Brinley Leech photo provided

Brinley Leech, 9, found an alphabet cone and a nutmeg shell around beach access 5 on March 29.



# BEST BREASTS ON THE ISLAND

## The Pecking Order Fried Chicken

DELIVERY . CATERING . TAKE OUT

2496 Palm Ridge Road, Sanibel

239.472.2534



**WINNER:**  
BEST FRIED CHICKEN

**WINNER:**  
BEST LUNCH

**WINNER:**  
BEST BEACH FOOD TO GO



# OPEN DAILY 6AM-6PM

Jerry's Café Open Daily: 7am-8:30pm  
Jerry's Foods Open Daily: 6am-10pm





Located on Casa Ybel and Periwinkle Way



## FRESH FARE



## FUN DRINKS



Visit our award-winning newly remodeled restaurant and enjoy creative farm-to-table dishes, each carefully crafted with the freshest ingredients. And be sure to check out our new bar room addition featuring small plates and yummy drinks. To learn more, visit [cielo-sanibel.com](http://cielo-sanibel.com)

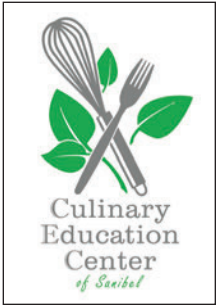
# CIELO

1244 Periwinkle Way, Sanibel Island, FL. Call 239-472-5555



The Community House

# The Eggplant



by Resident Chef Jarred Harris

The eggplant is one of the most versatile vegetables to cook with and can be found in many shapes, sizes and colors. It is a staple ingredient in regional Mediterranean and Middle Eastern cuisines, and is often used as a meat substitute because of its firm and bulky texture when cooked.

The eggplant, also known as the aubergine, is the berry of the aubergine plant and a member of the nightshade family. Botanically, the eggplant is a fruit or berry but in the culinary world, it is considered a vegetable.

Native to India and China, the eggplant has been around since 600 BC. The term “eggplant” was developed by 18th century European farmers who, at the time, were growing yellow and white varieties of eggplant that resembled goose eggs. Around the same time, the eggplant was known as the “crazy apple” in Italy due to widespread belief that eating large amounts of eggplant led to madness.

The eggplant contains high levels of vitamins C, K, B1 and B6. The eggplant also contains potassium, copper, magnesium, phosphorus, folic acid and nicotine. Yes, nicotine. In fact, the eggplant contains more natural occurring nicotine than any other vegetable, but don’t worry, you would have to consume 20 to 40 pounds of eggplant to get the same amount of nicotine as one cigarette.

Eggplant is used to help lower blood pressure and cholesterol. Juice made from the leaves and roots is used to treat cough, toothaches, throat and stomach disorders.

Here is a simple recipe to try:

## Baba Ganoush

### Ingredients

- 1 large eggplant
- 4 cloves garlic (minced)
- 2 tbsp. tahini
- ½ lemon (juiced)
- ½ tsp. salt

### Method

Score the eggplant with a sharp knife and place on a baking tray in a 475F oven and bake for 45 minutes.

Remove the eggplant from the oven and cool until it is easy to handle. Peel the eggplant and throw away the skin.

Place the eggplant and the rest of the ingredients into a food processor and puree. Remove from the food processor and drizzle with olive oil. Serve with lemon and warm pita bread.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at [kitchen@sanibelcommunityhouse.net](mailto:kitchen@sanibelcommunityhouse.net) or call 472-2155.✴

From page 1

## Islanders In Need

Seniors may need meal delivery, or help paying for medicines. Meal deliveries are now taking place with limited contact.

To be sure, this is a stressful time for the organizations.

“I wish I could tell people, ‘This is what we’re going to see down the road.’ We have no clue. We truly are in uncharted waters here,” Feiner added.

Several foundations and individuals have recently stepped up with generous donations. The organizations are even more grateful for community support at this critical time.

“We have such a unique island here. It’s volunteers, donors,” said Feiner. “Whenever there is a problem or a crisis, this community just pulls together.”

In its 40th year, CHR currently has approximately 150 residents living in 74 rental units annually, located in 11 different locations throughout Sanibel. There is a great need for more.

“Based on those 74 units, we have a significant wait list at any given time,” said Rice. “There’s just more of a need than we’re able to fill.”

While CHR’s physical office, located in the senior center at 2401 Library Way, is currently closed, staff members are available to help residents in need.

To qualify for housing, residents must work full time on the islands. Currently, there are 26 residents who are single mothers who may not have childcare during this time.

“I’ve already had 10 residents reach out to me to let me know their situation

has changed because of the virus,” Rice added.

CHR has a reduced rent policy to help residents in times of struggle. Rent is typically based on 30 percent of income. The lowest possible rent is \$350 per month.

“That program was put in place for only a few people to use it a year, not to have so many use it at one time, so we are very, very grateful to our community resources who have reached out to us. We can certainly use all the help we can get at this time,” Rice stressed. “My anticipation is that probably the majority of my residents are going to end up needing this assistance and maybe even more.”

Funding also comes from grants, which have a lengthy application process, as well as foundations and individual donors.

While currently busy handling this crisis, CHR will continue to pursue properties that may be suitable for building more affordable units in the future, as Sanibel is well below the state’s affordable housing guideline of 10 percent.

“I don’t want to lose these people. They are important for our community and for us as a community. So we’d like to be able to keep them here,” said Rice. “I think they’ll also be more loyal to Sanibel in the long run if they feel they’ve been included and taken care of too.”

FISH of SanCap is open Monday through Friday from 10 a.m. to 4 p.m. For 24-hour assistance, call 472-0404. Visit [www.fishofsancap.org](http://www.fishofsancap.org) for more information or to donate.

To learn more about CHR or to donate, visit [www.sanibelchr.org](http://www.sanibelchr.org) or call 472-1189.✴

# Sanibel Marina

## Gramma Dot's

## SANIBEL THRILLER CRUISES

### SEASIDE DINING

*Taste of the Islands "People's Choice Award"*  
*Winner Seven Continuous Years*

**Lunch & Dinner**  
**472-8138**

**SANIBEL MARINA**  
**634 N. Yachtsman Drive • [www.sanibelmarina.com](http://www.sanibelmarina.com)**

- Sanibel and Captiva Islands' Most Exciting Boat Tour
- Circumnavigating Sanibel & Captiva Islands with Dolphins

**239.472.2328 • [www.sanibelthriller.com](http://www.sanibelthriller.com)**

Reservations are required • Also Available for Private Charters

Departing from Sanibel Marina  
 634 N. Yachtsman Dr. • Sanibel Island



# kindness is contagious

BE THE REASON SOMEONE **SMILES** TODAY!

In these stressful and uncertain times, a kind word, an expression of hope, a good joke or words of wisdom go a long way to boost our spirits. BIG ARTS has a strong database of people from all over the country who have visited us, and we have a wonderful Facebook page that we want to put to even better service in support of our community.

Send us photos of those caught in the act of kindness, words of wisdom, jokes, poems, small videos, ...or maybe just tell us how you are holding up and what you are doing to cope. Please include your name and location with your submission. We will collect and send out these short snippets over the next couple of weeks. We look forward to hearing from you and to sharing the voices and images that make us all feel closer, kinder and more connected, no matter where we live or work.

Send to [community@bigarts.org](mailto:community@bigarts.org) and watch your email for an alert, or check out our Facebook page from time to time. Be well.

## ABOUT BIG ARTS

BIG ARTS, established in 1979, is a nonprofit organization devoted to providing quality artistic, cultural and educational experiences to Sanibel and Captiva residents and visitors. Visit [www.BIGARTS.org](http://www.BIGARTS.org) to learn more and don't forget to like BIG ARTS on Facebook!



[www.BIGARTS.org](http://www.BIGARTS.org) or (239)395-0900





**Watermelon Poke Bowl**

3 cups watermelon, medium dice  
1 bell pepper, medium dice  
1 avocado, medium dice  
1 cucumber, medium dice  
1 (5-ounce) package arugula  
1 Serrano pepper (or favorite hot pepper), sliced thin (optional)  
1 tablespoon fresh ginger, minced  
2 tablespoons Key lime juice  
2 tablespoons tamari or soy sauce  
1 teaspoon sesame oil  
1 teaspoon sesame seeds  
1/3 cup vegetable oil  
Sea salt and fresh ground pepper, to taste

Combine first five ingredients, mix well and set aside. In a small bowl combine the ginger, lime juice, tamari, sesame oil, and vegetable oil. Whisk until completely mixed. Pour enough dressing over salad mixture to coat; toss to combine. Sprinkle sesame seeds and serve chilled family style or individual servings.\*



Watermelon Poke Bowl

photo courtesy Fresh From Florida

# FAST AND FRESH TO GO

To advertise call: 395-1213

**JERRY'S**  
Foods

**VISA** **MasterCard** **DISCOVER**

Store Hours 6 a.m. - 10 p.m.

**Restaurant & Deli**  
Daily Lunch Specials • Salad Bar • Take-Out  
or Eat In • Breakfast • Lunch • Dinner  
Open Daily 6 a.m. - 8:30 p.m.

**CALL FOR DAILY SPECIALS 472-9300**

**Bailey's**  
GENERAL STORE  
ESTABLISHED 1899

**FULL DELI, BAKERY  
DAILY LUNCH SPECIALS  
COLD BEVERAGES**  
Call us for your cookout, picnic  
and party needs. We'll take care of you!  
Corner of Periwinkle Way & Tarpon Bay Road  
**472-1516**

**Breakfast, Lunch & Dinner & Later**

**Sanibel Deli & Coffee**  
FACTORY

**239-472-2555**  
[www.sanibeldeli.com](http://www.sanibeldeli.com)  
**2330 Palm Ridge Rd.**  
(Across from CVS)

**10th Anniversary**  
Sanibel's Favorite Delicatessen

**Gluten Free Options**  
Pizza & Wings • Ice Cream & So MUCH MORE!  
**WINNER Best Pizza**  
Taste of the Islands

**The Pecking Order**  
Old-Fashioned  
Fried Chicken

**BEST BREASTS ON THE ISLAND**

Open Daily 11am to 8 or 9pm **239.472.2534**  
Take Out • Delivery • Catering  
2496 Palm Ridge Road, Sanibel

**Gramma Dot's**

The Only Dockside Dining on Sanibel  
Located at the Sanibel Marina  
Specializing in Local Seafood  
We also feature Petite & 10 oz. Filet Mignons  
Dining Awards: 6 years running **472-8138**

**Gourmet Rendezvous TO-GO**  
Steaks, Seafood & Stews with a French Accent

**Bleu Rendez Vous**  
French BISTRO

**\$3 Off Entrees To Go (Limited Time)**  
Menu Online at  
[www.bleurendezvous.com](http://www.bleurendezvous.com)  
Call or Text Order 239-565-1608  
Pickup Tues-Sat 5-7pm  
Hot & Ready or Cold to Reheat Later

2430 Periwinkle Way • [www.bleurendezvous.com](http://www.bleurendezvous.com)



# Kingfisher Vacations & Real Estate

“No Man is an Island,  
entire of itself;  
every man is a piece  
of the continent,  
a part of the main.”  
*-John Donne*



Together as a community,  
as a nation and a planet we are  
**RESILIENT!**



Kingfisher Vacations & Real Estate 2402 Palm Ridge Road, Sanibel, Florida 33957  
Locally owned and operated.



# CASI Hosts Board Meeting With The Mayor

The Condominium Associations of Sanibel inc. (CASI) welcomed Sanibel Mayor Kevin Ruane as guest speaker at a breakfast meeting recently at Sundial Beach Resort & Spa. Ruane addressed the group on the issues facing the City of Sanibel as well as those related to the condominium owners on the island. Guests had an opportunity to speak with the mayor one-on-one following the meeting. McGriff Insurance Services sponsored the meeting.✱



From left, Kevin Ruane Jr., Doreen Ruane, Linda Naton, Mayor Kevin Ruane, Jim Winn of Atrium and CASI board member, and Scott Gregory of McGriff Insurance Services photos provided



From left, Melanie Holliday of Rapid Response Team, Ellen Lai of Association Legal Services and Luisa, a member of the wait staff at Sundial Beach Resort



Lee Schaff of Tennis Place and CASI board member with Paul Harmon of Sanibel Siesta



Sue Michener and Candy Harris of Sundial West



From left, Donna Bradshaw of Sandpebble, Jane Michaud of Sandalfoot and Ken Bradshaw



From left, Kathleen Weyman of White Sands, Vice Mayor Mick Denham and Al Weyman



Mayor Kevin Ruane speaking with CASI members



From left, Linda Naton, Somerset at the Reef and CASI president, Councilwoman Holly Smith, and Julie Smith of Sanibel Siesta and CASI board member





A dead pelican hangs from a tree due to monofilament line entanglement

photos by Bob Kern



Using a boom truck, Tree Trimming Doctor employees bag the dead pelican

Tree Trimming Doctor owner Carlos Hernandez led his team in taking the bird down via a boom truck. The tree was located near the corner of Fulgur Street and Middle Gulf Drive.

Hernandez, a native of Honduras who has been trimming trees on Sanibel for 21 years, provided the community service at no charge. He was contacted by Sanibel resident Bob Kern who noticed the dead pelican hanging from the tree one day.

"I told him I would like to help," said Hernandez. "I just put up an osprey nest on the golf course property, so I just wanted to help out."

Kern, who took the dead pelican to

the Clinic for the Rehabilitation of Wildlife (CROW) for proper disposal, appreciated the work of Hernandez' crew.

"He did it on his own accord after I contacted him," Kern said.

Clear Your Gear project is a collaborative effort among Sanibel-Captiva conservation organizations to reduce the amount of monofilament line and fishing gear left in the environment. Members of the nonprofit organization would like to remind everyone that carelessly discarded/abandoned fishing gear can injure or even kill birds, reptiles and mammals. Follow Clear Your Gear on Facebook.\*

## SCCF Researchers Analyze Growth Of Seaweed

In early March, researchers from Sanibel-Captiva Conservation Foundation (SCCF) found a diverse and abundant seaweed community in JN "Ding" Darling National Wildlife Refuge. Back at the lab, the sample was sorted by species, dried in the oven and will be weighed to determine biomass at each site when the lab reopens.

As part of a long-standing partnership with "Ding" Darling, the SCCF Marine Laboratory conducts routine monitoring of nutrients, water quality, seagrass and macroalgae, or seaweed, at 10 sites in the refuge.

Generally, researchers have noticed higher abundances, but fewer species of seaweed dominating in the sites closest to Tarpon Bay. Further west, near Wulfert Flats, there were lower abundances and more diversity of up to nine species.

Research shows us that excess nitrogen from freshwater runoff and discharges from the Caloosahatchee can fuel the growth of a couple of dominant species and lessen the biodiversity.

Overgrowth of seaweed can be detrimental to the overall ecosystem, including shrimp, crabs and fish that thrive in healthy seagrass communities.

For more information, visit [www.sccf.org](http://www.sccf.org).\*

WE MAKE BANKING ABOUT YOU!

# WE'RE STANDING STRONG with money to lend.



At Bank of the Islands, our experienced banking team has been providing our neighbors with quality service and personal care for more than two decades.

Our lending customers know they can rely on expedited local decision making and streamlined loan processing.

See us for all your banking and lending needs, including fixed or adjustable rate residential mortgages. Now is the time to invest in your future with **Your Island Bank**.

 **Bank of The Islands**  
*Your Island Bank*

**Your Island Bankers:** (L-R) Darrin Grotrian, Assistant Vice President/Lending, Willy Ocasio, Vice President/Sanibel-Captiva Office Manager, Geoff Roepstorff, CEO, and Robbie Roepstorff, President

239.472.7211  
[www.BankoftheIslands.com](http://www.BankoftheIslands.com)  
ATMs on Sanibel & Captiva



An Equal Housing Lender | Member FDIC | Offices of Edison National Bank



Book Review

The Woman's Hour



by Di Saggau  
**T**he Woman's Hour: The Great Fight to Win the Vote is by Elaine Weiss. The book tells the gripping story of the suffragette's fight to get the 36th state, Tennessee, to allow women's

voting rights to be the law of the land. Granting women the right to vote is one of the greatest political battles in American history. The book will soon be a major television event. With a superb sense of detail, Weiss vividly depicts the events that led up to the climactic vote almost a hundred years ago.

Weiss says it was a war largely of women against women. The country's own War of the Roses with anti-suffragists wearing red roses and suffragists, yellow ones. Both sides used the color-coded blooms and applied them to the lapels of legislators they wanted to win over. The yellow "Suffs" opposed the red "Antis," and it was a boon to the nation's florists.

August 1920, 35 states have ratified the 19th Amendment, 12 have rejected or refused to vote, and one last state is needed. It's the moment of truth for the

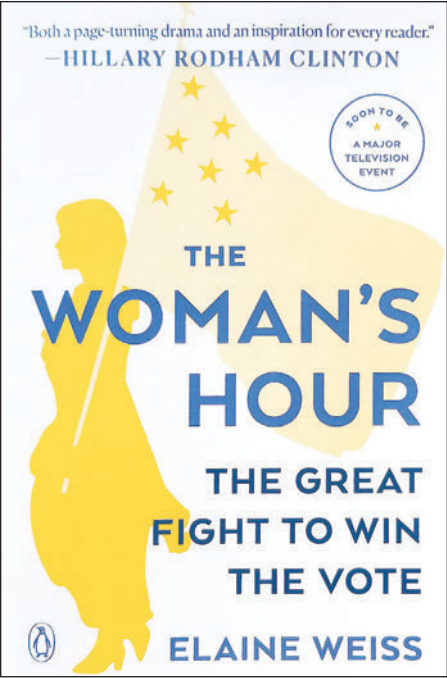


image provided

suffragists, after a seven-decade crusade, and it all depends on Tennessee. Opposing are politicians, liquor companies, railroad magnates and racists who don't want black women voting. Also the "Antis," women who oppose their own enfranchisement, thinking suffrage will bring about the moral collapse of the nation. They all face-off with dirty tricks, betrayals, bribes, bigotry, Jack Daniel's and the Bible.

The book follows some remarkable women, along with appearances by

Woodrow Wilson, Warren Harding, Frederic Douglass and Eleanor Roosevelt. There are also photos of all the major players along with reproductions of newspaper coverage at that time. Hilary Rodham Clinton called the

book, "Both a page-turning drama and an inspiration for every reader." *The Woman's Hour* celebrates the 100th anniversary of the passage of the 19th Amendment and the League of Women Voters.✧

School Smart



by Shelley M. Greggs, NCSP  
**D**ear Readers, For this week's column, Nicole Finnicum, director of the Sanibel Sea School has written a guest column to let you know about a

fantastic new, interactive program the Sea School has created to help kids (and parents) learn about the environment while they are currently out of school and learning at home. This new learning opportunity is unique, and I encourage you to take advantage of it.

Here's what Finnicum has to say about the new program:

Sanibel Sea School is excited to offer the community educational opportunities during a time when kids are out of school and parents working from home. Many parents have to juggle work and homeschool responsibilities during the day. Sanibel Sea School hopes to lighten that burden by providing at-home,

nature-based activities. The education team has been working eagerly to transpose environmental education as they know it into an interactive, weekly e-newsletter called Nature Near You.

Nature Near You will be delivered to families' email inboxes every Monday, Wednesday and Friday and will include a new topic each day. Participants can expect brief science-based lessons, arts and crafts using natural materials, and activities and experiments they can conduct at their kitchen tables. All of the activities will include exploration, discovery and encourage kids to enjoy a small slice of nature in their backyard.

Nature Near You was launched on March 23 and featured backyard biodiversity in the first issue. A "how to" on bioblitzing was shared along with a video from Sanibel Sea School's educators conducting a bioblitz themselves.

The educators showed how students can do a bioblitz in their very own backyards. A bioblitz is a way to assess the overall biodiversity in an area while creating a species list of every plant and creature found. This activity encourages kids to get outside and observe their natural environment, all while maintaining appropriate social distancing.

The education team also released issues featuring nature journaling and nature-inspired art projects in the first week of the launch.

Sanibel Sea School will also provide content via their social media platforms, Facebook and Instagram. Each Tuesday, a Creature Feature will be posted by one of our educators who will describe fascinating facts about a unique creature.

On Thursdays at noon, the team will host Exploring with our Educators, where one of our educators hosts a live video session on Facebook. The team is also working on a series of blogs for adults and older children to enjoy weekly at [www.sanibelseaschool.org/experience-blog](http://www.sanibelseaschool.org/experience-blog).

Nature Near You is Sanibel Sea School's entrepreneurial offering to the community during this time. If you would like to support the organization and these unique efforts, visit [www.sanibelseaschool.org/support-the-cause](http://www.sanibelseaschool.org/support-the-cause).

If you would like more information or would like to opt-in to Nature Near You, email [info@sanibelseaschool.org](mailto:info@sanibelseaschool.org).

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com). Not all questions submitted can be addressed through this publication.✧



The Island Water Association, Inc.

- NOTICE -

The annual meeting of The Island Water Association, Inc., is scheduled for 10:00 a.m. on Friday, April 10, 2020. Due to CDC recommendations to limit public gatherings to protect against transmission of COVID-19, IWA's annual meeting agenda will be limited to voting on bylaws and the election of Directors.

Information typically provided at the meeting will be made available at a future date on the IWA website and in the newsletter.

**IWA Members are encouraged to return proxy cards no later than April 6, 2020.**

These changes to reduce social interaction are out of concern for the health and welfare of our members and employees. We appreciate your understanding and cooperation.



**Breakfast, Lunch & Dinner & Later**  
**Pizza & Wings • Ice Cream**  
**Gluten Free Options**  
**& So MUCH MORE!**



**WINNER**  
**Best Pizza**  
**Taste of the Islands**



**BOAR'S HEAD**

*Dine In or Take Out*

**239-472-2555**

**[www.sanibeldeli.com](http://www.sanibeldeli.com)**

**2330 Palm Ridge Rd.**

*(Across from CVS)*







**Jeanne Vaughn works at the Captiva branch of Bank of the Islands**  
photos by Kathy Kurtz Ferrari

From page 1  
**Captiva**

activities like parasailing, which operated into last week.

In 2019, there were 316 registered voters on Captiva. Currently, an estimated mixture of 200 to 300 seasonal and full-time residents and vacationers remain on the island, according to officials.

"We do have a very tight-knit, cooperative community and the panel reflects all aspects of our community. We're working together very well and cooperatively, and making consensus decisions, and I think we are doing what needs to be done at this point," Mintz added.

The panel does not have law enforcement powers, so deputies from the Lee County Sheriff's Office and the Captiva Fire District are essential members of the community and have added responsibilities. As of March 30, neither department had been contacted by anyone with symptoms of the virus.

Lee County Deputy Sheriff Chris Lusk and Lt. Michael Sawicki, who live on Captiva with their families, as well as Deputy Nicholas Garber, who lives on Sanibel, have stepped up their visibility and accessibility to the public.

"We want to make sure that, first of all, everybody knows that we're all safe and we're here to answer questions," Lusk said during a recent day of patrol. "We're part of the community out here, too."

Lusk noted deputies were trained with a well-defined plan by the sheriff's office and equipped with safety gear in advance to handle situations that arise during this time.

Deputies are often seen on daily beach patrols and on area waters, having responsibility for 250 square miles ranging from Sanibel's lighthouse to Boca Grande.

According to Lusk, for the most part, Captiva visitors and residents have been heeding warnings to practice social distancing during the pandemic.

"We haven't had to hand out any actual paper warnings, but we have answered a lot of questions for guests, visitors and residents. Some people still haven't gotten the word about some of the public beach access closings," said Lusk, adding there has been near 100 percent compliance in regard to regulations, although some have questioned restrictions in place. "We run



**Lee County Deputy Sheriff Chris Lusk patrols Captiva during his daily rounds**

into people who just don't know what's going on, if you can believe it. Sometimes I sit there with some disbelief. We have to explain to them the whole situation."

Deputies are meeting regularly with business owners and resorts, making sure travelers coming from New York, New Jersey and Connecticut are informed about mandatory quarantine orders put in place by Gov. Ron DeSantis.

"A lot of people that own these (rental) companies, and own these homes, they're residents here too. So they want to protect the island as well," said Lusk.

The Captiva Fire District, staffed with paramedics and emergency medical technicians, is the first line of defense for emergencies.

According to Captiva Fire Chief Jeff Pawul, his department is fully prepared to offer assistance, and protocols have been put in place to handle the pandemic. Medical emergencies are often flown off the island by helicopter.

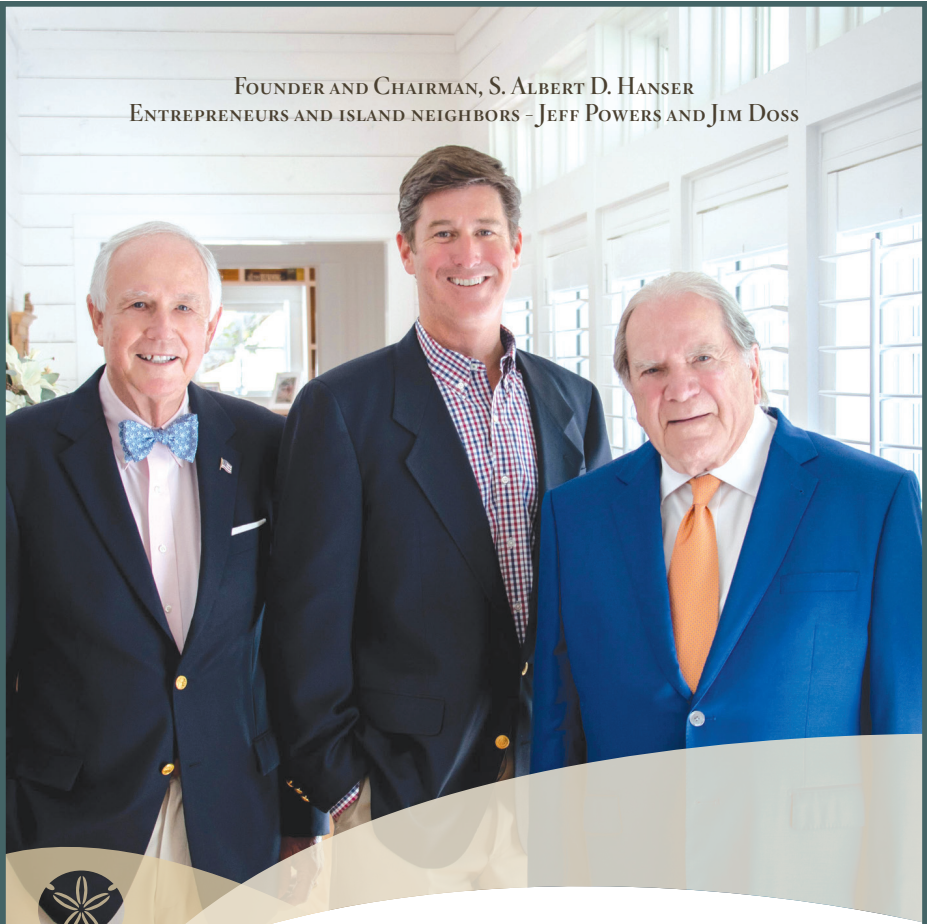
"The biggest challenge with this one specifically is us getting the proper (personal protective equipment) we need from our retailers. That's a big issue," Pawul said, noting the shortage medical personnel around the country are facing.

The fire station is prominently located in the village and its doors are often open to the public. The department offers tours and training programs for residents throughout the year. But as part of emergency declarations during the crisis, its doors have been closed to outside business.

"Normally, we have our doors open all the time and it's like Disneyland. All the kids come in and what not," said Pawul. "Hopefully, that's a temporary thing, like everything else in this country right now."

Those facing an emergency on Captiva should call 911. The fire station can be reached for non-emergencies at 472-9494. To get in touch with Lee County deputies for non-emergencies, call 477-1000.

"The best thing people can do is just to really stay informed," said Lusk. "These new orders and new restrictions are changing day to day... So follow the orders. They are there for their own protection, for their own safety. The faster we can gain compliance, the faster we can get through this and the faster we can get everything back open again."✴



FOUNDER AND CHAIRMAN, S. ALBERT D. HANSER  
ENTREPRENEURS AND ISLAND NEIGHBORS - JEFF POWERS AND JIM DOSS

# Strength in Numbers

As The Trust Company grows, the more we value the knowledge and experience of our Advisory Board members. There is strength in *community*.

**Ready for a better experience?**  
We invite you to visit our office to discover the difference.

\*Available for investable assets of \$2 million and above.

TRUST & ESTATE SERVICES | INVESTMENT MANAGEMENT

THE  
**SANIBEL CAPTIVA**  
**TRUST COMPANY**  
PRIVATE WEALTH MANAGEMENT

2460 Palm Ridge Road | Sanibel, FL 33957  
239.472.8300 | sancaptrustco.com

INVESTMENTS INVOLVE RISK AND ARE NOT GUARANTEED.





From left, Alice Verme of Sanibel's Best Homemade Ice Cream, Amy Von Keyserlingk of Allied Air Services, Laurie Verme of Sanibel's Best Homemade Ice Cream, Ci Wilson of Association Legal Services, Alicia Tighe Orgera of FISH of SanCap, Ali Kendal of SpectroFlow, Amy Speckman of Casa Ybel Resort, Lisa Newmeyer Cochrane of Dorado Property Management and ABWA membership chair photo provided

## ABWA Installs New Members

The Sanibel Captiva chapter of the American Business Women's Association (ABWA) welcomed seven new members at an installation ceremony in February.

"It's a pleasure to add these talented women to the group," said Lisa

Newmeyer-Cochrane of Dorado Property Management and ABWA membership chair. "Although we have had to suspend meetings temporarily, we plan to pick up where we left off as soon as conditions permit."

"Our ABWA chapter strives to offer the best professional development opportunities and networking for women working on the islands," said Gloria Garrett of HMG, local chapter president.

"If you work, would like to work, or used to work, you will find a supportive environment and a lively conversation with island leaders at ABWA."

"In normal times, the chapter presents a Women in Leadership Speaker Series at lunch on fourth Tuesdays at Sundial Resort and Spa. We welcome everyone, whether or not they are a member," said Garrett. "We'll be announcing online meetings starting in April to make sure we stay connected until ABWA is able to resume at Sundial."

The Sanibel Captiva Charter Chapter of ABWA supports professional growth through leadership, networking support, education and recognition. For more information, visit [www.ABWASanibelCaptiva.org](http://www.ABWASanibelCaptiva.org).

## Foundation Dispersing Grants To Nonprofits

In response to the COVID-19 crisis, The Sanctuary Golf Club Foundation Board accelerated the timing and increased the grant amounts being given to both FISH of SanCap and Community Housing and Resources (CHR), the primary providers of social services on the islands. As a result, The Sanctuary Foundation will be providing a total of \$85,000 in support to these two nonprofits immediately.

After hearing about the sudden increase in needs being experienced by both nonprofits, The Sanctuary Golf Club Foundation Board met with both organizations. "It became clear that the single most helpful thing we could do to better equip these nonprofits was to provide them with immediate support and offer our reassurance that we are in this together," said John McCabe, foundation president.

While both FISH and CHR have extensive experience in meeting enormous upticks in local human needs during short-term emergencies posed by hurricanes and in helping those in need weather the longer term economic downturn experienced from the water quality crisis, both organizations expressed concern that the potential impact of COVID-19 could eclipse anything they have ever experienced.

McCabe said, "Since our mission is to support nonprofits that positively impact the lives of people in need living and working on our islands, we are committed to do whatever we can to help them, help our neighbors, get through this."

Anyone inspired to do more for the community in this unprecedented time of need is encouraged to donate directly to their favorite island nonprofit or through The Sanctuary Golf Club Foundation at 333-3337.

## FISH Recognizes Community Support

FISH of SanCap is experiencing an outpouring of community support in response to the needs of the most vulnerable in the community who are impacted by the COVID-19 epidemic. Among those recent gifts is \$10,000 from the Sanibel-Captiva Rotary Club and \$5,000 from Committee of the Islands (COTI), which will be used to aid those affected by the pandemic.

"We are so fortunate to have an organization like FISH that is intimately involved with our community. This is a time for all island residents and visitors to help support those folks who take care of us all year long," said Christine Andrews, COTI president.

"We are experiencing an unprecedented crisis on our islands, and the impact is devastating. The San-Cap Rotary Trust Fund board is extremely honored to grant FISH \$10,000 for immediate relief to workers, residents and their families on our islands," said John Henshaw, chairman of the Sanibel-Captiva Rotary Trust Fund.

FISH has continued uninterrupted service for all of its food and emergency financial services, with small changes in operations to ensure the safety of clients, volunteers and staff. "We are so deeply grateful to our community for empowering us to serve our neighbors in need. Particularly, the Rotary, COTI and the many organizations, individuals and businesses who have recognized the need during this unprecedented time," said Alicia Tighe, FISH executive director. "We're so humbled and extend our heartfelt appreciation to our invaluable volunteers who have been working hard to assemble and distribute food at the food pantry, deliver meals to seniors, and the myriad of other ways they're ensuring we're still running," said Maggi Feiner, FISH president and CEO. "The outpouring of support we have experienced is a true expression of the generosity and 'heart' of our special community."

FISH is a 38-year-old human services organization whose mission is to lend a helping hand to those who live, work or visit Sanibel and Captiva, and to enrich the lives of everyone on the islands through food programs, workshops and social services. For more information, visit [www.fishofsancap.org](http://www.fishofsancap.org), call 472-0404 or email [info@fishofsancap.org](mailto:info@fishofsancap.org).



# LUXURY GROUP AUCTIONS™

A Division of Williams & Williams Worldwide Real Estate Auction



## AUCTION MOVED TO ONLINE BIDDING

### The Most Famous Home in Bonita Springs!

BONITA SPRINGS, FL • 27450 Harbor Cove Court. 7BR 10BA 8,970+/- sf 2-story home with new roof and new boat lift! Quite simply the most talked about house on the river, and perhaps in all of Bonita Bay. There are water and nature views from almost everywhere in the home. Bordered on the east side by the the playground of manatees, dolphins and an endless variety of native birds, and on the west side by the Imperial River, which leads to the Gulf of Mexico. 780 ft of shoreline. Amazing pool and recreation area stretches between main and guest house. A boater and water sports enthusiast's dream!

Auctions: 12pm, Thursday April 9 - **BID ONLINE ONLY** at [auctionnetwork.com](http://auctionnetwork.com)

In Cooperation With



800.801.8003 • [luxurygrouppauctions.com/BonitaSprings](http://luxurygrouppauctions.com/BonitaSprings)

NAA IFA FL Jeffrey Ashby RE LIC 3421110; Williams & Williams Mktg Svcs, Inc. RE LIC 1032049; Thomas Barnes AUC LIC AU3383. 10% Buyer's Premium.





**1238 Isabel Dr in Sanibel Harbours, including Lot O with dock & lift in protected boat basin**  
\$3,595,000 stunning multi-level 4+bedroom 4.5-bath home just renovated & with 4-stop elevator, bayside pool, & air-conditioned 3-car garage



**White Sands #23, 2311 West Gulf Dr**  
\$1.199M furnished & with future bookings



**Tarpon Beach #207, 2475 West Gulf Dr**  
\$999K top end-unit (high ceilings & side windows)



**Sandalfort #2D2, 671 East Gulf Dr**  
\$699K turnkey with easy on-site rentals



**Lighthouse Point #211, 200 Periwinkle Way**  
\$599K fully furnished & with parking below



**901 S. Yachtsman Dr in Sanibel Estates**  
\$799K near beach with cul-de-sac privacy & dock



**968 Greenwood Ct S in The Dunes**  
\$399K 3-bedroom 1/2-duplex townhome



**1894 Farm Trail in Island Woods**  
\$249K single-family lot near pool & tennis

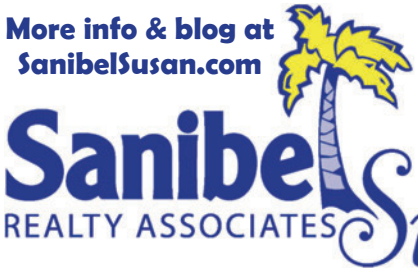


**4566 Buck Key Rd in Sanibel Bayous**  
\$149K residential lot close to bayou & beach



**15670 McGregor Blvd, #102**  
\$145K office condo in Santiva Plaza, Ft Myers

More info & blog at  
[SanibelSusan.com](http://SanibelSusan.com)



**888-603-0603**  
**239-472-HOME**  
**(4663)**  
2242 Periwinkle Way  
Sanibel Square #3

### Stay Well, Island Lovers!

Our physical office is closed, but the team & I are working remotely  
& ready to help with any island real estate needs.  
Please reach us through our office voice mails, or  
Susan's cell 239-565-3128, email [Susan@SanibelSusan.com](mailto:Susan@SanibelSusan.com)



The Sanibel Captiva Trust Company

# Market And Investment Strategy Update



submitted by Ian Breusch, CFA Chief Investment Officer

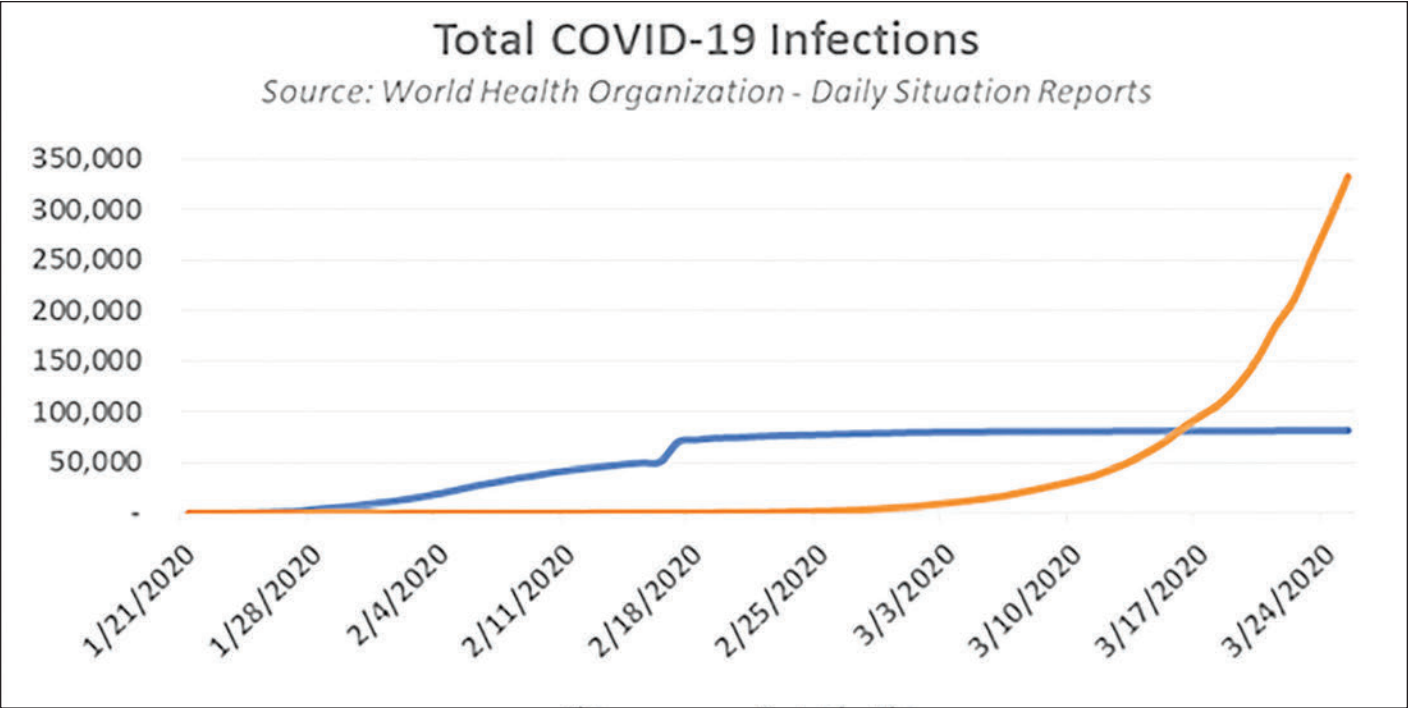
Capital markets remain extremely volatile as the COVID-19 continues to spread across the globe. Now that COVID-19

is a global pandemic, we have seen an unprecedented level of cancellations over the last several weeks affecting travel, small community events, schools, sporting leagues, concerts and other public gatherings of various sizes.

We learn more each day, but considerable unknowns remain. While we won't have hard numbers to fall back on in the near term, we now expect the economic toll to be rather significant for many of our portfolio companies. It is quite likely at this point that we will experience a recession. Over the past 25 trading days (February 20 to March 25) the stock market (S&P 500) has fallen by nearly 27 percent, which is a strong indication that market participants are also collectively anticipating a significant slowdown for some period of time.

Two of the most important members of OPEC – Saudi Arabia and Russia – were unable to come to an agreement on oil production cuts in early March, which has caused oil prices to fall dramatically at the same time that COVID-19 is gaining traction. While a resolution among OPEC remains important, we believe the COVID-19 pandemic is far more consequential to the broader global economy in the near term.

Given the backdrop of global concern and the remaining unknowns, it seems quite likely that volatility will continue for the foreseeable future. We expect the news to get worse before it gets better. Stock and bond market activity is often a leading indicator, meaning investors tend to react first and ask questions later. Although we have already experienced a significant sell-off in capital markets, we think it is possible for markets to continue



images provided

to trend lower over the next several weeks.

Now that we have discussed the facts as we know them today, let's discuss how investors should handle this period of time in the context of prudent long-term investment management. We recognize the past few weeks have caused many investors significant stress as they watch stock markets almost completely unwind the gains earned over the past year. This anxiety is only further exacerbated by the remaining unknowns still present. However, during periods of increased volatility or market decline, it is important for investors to "stay the course." We make this statement in the face of all the risks and uncertainty we highlighted earlier. The two primary reasons we believe in staying the course through uncomfortable/stressful periods of time are listed below and we will unpack each common misconception using history as our guide. We recognize the unique nature of the COVID-19 pandemic and that every tumultuous period of time has its own unique characteristics and challenges. However, the way in which capital markets behave and respond to various crises is rather predictable:

1) Investors dramatically overestimate how long it takes to recover from significant downturns

The chart below shows several

different periods of market disruption and subsequent returns after one, three and five years. While the speed of recovery is different, the end result is clear – markets rebound to much higher levels after periods of market turmoil.

The second chart below reiterates the same point but instead shows market declines of 10 percent, 15 percent and 20 percent over the past 90 years, and subsequent returns after those periods of market decline. Markets have averaged an annualized return of 9.6 percent immediately following periods of rapid market decline. The notion that it takes markets several years to rebound or that old age means we don't have the time to recover from market turmoil is often completely incorrect, and the data has proven this over many different periods of time under very different circumstances.

2) Investors overestimate the likelihood that they can sell and buy back in (time the market to avoid the stress) without permanently damaging their portfolios

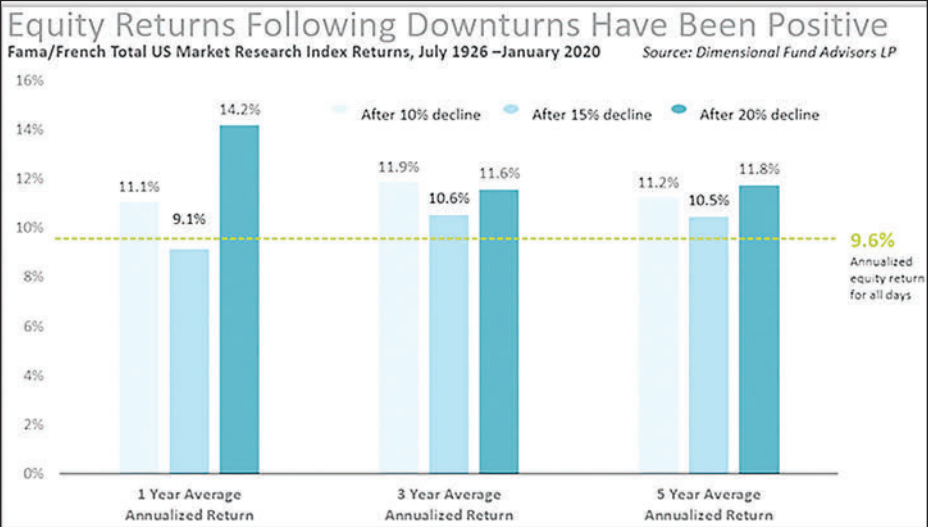
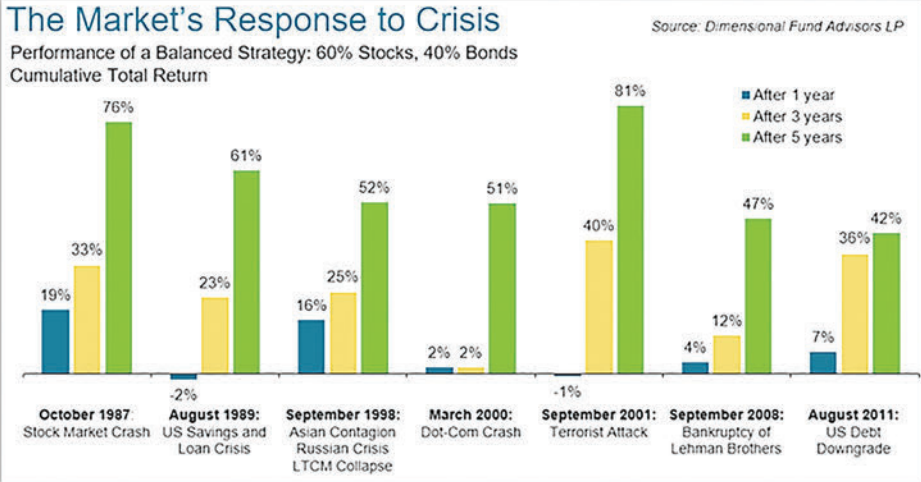
The dangers associated with making hasty/emotional decisions in response to market turmoil is long term in nature. When we sell out of fear, to avoid the next leg down in markets, we often permanently damage the long-term

prospects of our portfolios. It feels good in the short term to believe "we've stopped the bleeding," but at what cost? The chart at the top right reveals the damage done over long periods of time by not being invested on the best days of the market. Often times, the best days in the market come immediately following the largest downturns!

The financial crisis of 2008 highlights this point further. With the benefit of hindsight, we all recognize that investors weathered the financial crisis quite well, assuming they remained invested throughout. The financial crisis was an extremely difficult time and it fully tested the resolve of even the most strident advocates of staying the course.

Though it is an extreme example, March of 2009 highlights the importance of staying the course particularly during volatile periods of time. Most of us agree that it is foolish to believe that anyone can perfectly time their movement in and out of equity markets to avoid losses and capture gains. However, the last chart shows that perfection is often required. The consequences of selling stock to avoid volatility can be disastrous for long-term investment results.

If an investor in 2008 or early 2009 chose to sell their stock and avoid

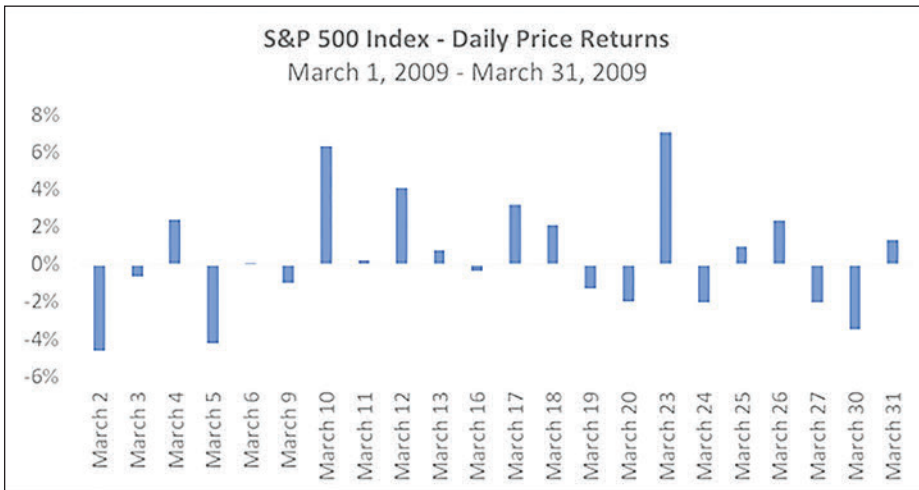
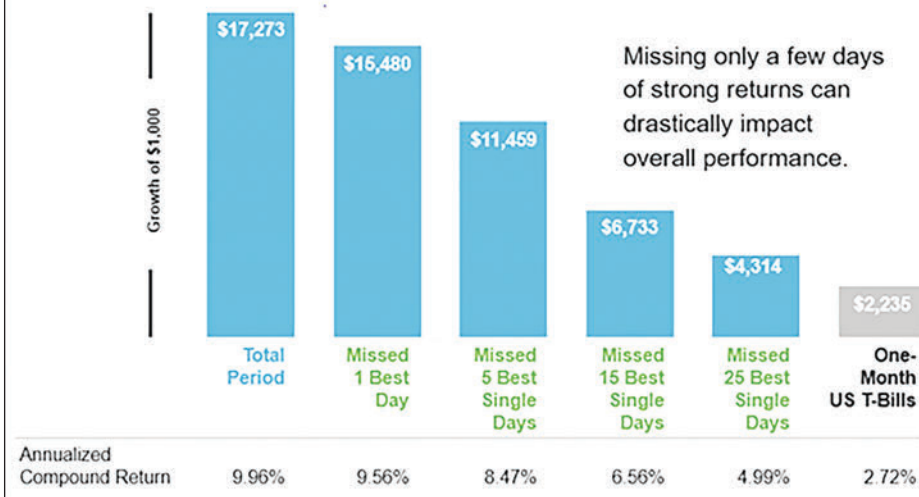




## Reacting Can Hurt Performance

Performance of the S&P 500 Index, 1990–2019

Source: Dimensional Fund Advisors LP



volatility, would they have chosen the correct day (March 9, 2009) to reinvest? Despite the dramatic movements in day to day stock prices, the investor that stayed the course actually earned over 8.5 percent during March of 2009. Moreover, similar volatility ensued during April of 2009, ultimately leading to another 9.4 percent in price appreciation. In other words, the investor that sold their stock to avoid volatility would have missed out on price appreciation of 18.7 percent in two months. Considering the S&P 500 rose 26.5 percent during the whole year, if you were not invested in March or April, you missed out on the overwhelming majority of the rebound experienced in 2009. The next obvious question we must ask ourselves is: how many of us that sold out of fear were ready to reinvest in early March of 2009? If we're honest with ourselves, the answer should

be fairly obvious – not many!

We recognize the emotional response that significant market turmoil creates. These periods of time make all of us uncomfortable. However, the correct response is always to lean on the lessons of history and take action warranted by logic and reason – rather than raw emotion or fear. Your portfolio manager and wealth advocate are always available to help assuage those inevitable concerns. As always, we appreciate your continued confidence and we will work through this period of time together.

*This information is not intended to be and should not be treated as legal advice, investment advice or tax advice. Readers, including professionals, should under no circumstances rely upon this information as a substitute for their own research or for obtaining specific legal or tax advice from their own counsel.\**

date for property tax payments for the 2019 tax year.

Order of Emergency Waiver/Deviation #20-52-DOR-01 applies to all 67 Florida counties. Property tax is normally due by March 31 in the year following the year the taxes are assessed. The department waived the due date so that payments remitted by April 15 for the 2019 tax year will be considered timely paid.

Property taxpayers can visit the official website of the Lee County Tax Collector at [www.leetc.com/taxes](http://www.leetc.com/taxes) to complete their payment online.\*

## Property Tax Payment Due Date Extended

Gov. Ron DeSantis recently directed the Department of Revenue to provide flexibility on tax due dates to assist those adversely affected by COVID-19. Department of Revenue Executive Director Jim Zingale issued an emergency order to extend the final due

## There's Nothing Better Than Living In Shorts!



### CHUCK BERGSTROM

Island Resident Award Winning Realtor®

Chuck@ChuckBergstrom.com

Direct: 239-209-6500

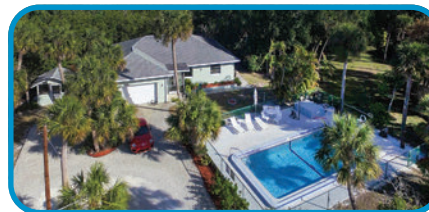
17131 Caloosa Trace, Fort Myers!



This 3BD/2BA/2-Car Garage home has been BEAUTIFULLY maintained. Open Floor Plan ~ Casual Dining Area with Breakfast Bar ~ Private Lanai with Pool & Hot Tub ~ Master Suite with Walk In Closet ~ Central location to US41, I-75, Shopping Malls, RSW Airport, Restaurants & Florida Gulf Coast University. This Will Sell Quickly! Call Today To Schedule A Showing.

**\$319,000**

836 Donax Street



Weekly Rental License!  
3 BR/2 BA family home overlooking Sanibel River. Living room, dining/kitchen combo. French door access to screened back porch overlooking lush vegetation. Community pool; walking distance to beach access. Motivated seller.

**\$549,000**

4156 West Gulf Drive



This 3BR/2BA has been updated with cathedral ceilings, an inviting kitchen and dining/living room combo. The master bedroom with en-suite has private access to the rear porch. The beautifully designed guest bath includes an etched glass enclosed walk-in shower. Relax on the large rear porch or play a game of tennis or pickleball on your private court.

**\$1,329,000**

Seashells of Sanibel #36



2-BD/2-BA second floor unit! Great rental income with 3-day minimum rentals! Conveniently located and just a short walk from the beach, this complex is an ideal West Gulf Drive location.

**\$380,000**

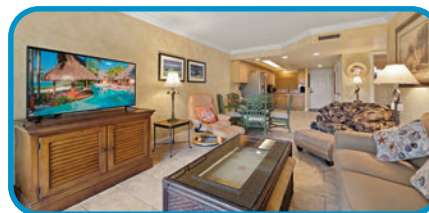
678 Durion Court



Beautifully remodeled... 3BD/2BA lake home. Located in East Rocks. Living/kitchen area boast beautiful lake views. New stainless appliances, freshly painted, new baths, and more! Priced to sell.

**\$599,000**

Sandalfort #3C1



Beautiful 2 BR/2 BA unit with walk-out to the pool and beach. Updated, the kitchen features custom cabinetry, granite counter tops and stainless steel appliances, both bathrooms have been remodeled and the unit has an open floor plan.

**\$649,900**

4014 West Gulf Drive



Brand new custom home across from beach access. 4 BR/3BA home, large acre+ lot. Impact glass, glassed elevator, gourmet kitchen, gas cook top and stainless appliances. All rooms access screen enclosed decks, native vegetation, oversized salt water pool. Gulf view, an exceptional home!

**\$3,699,000**

[www.SanibelCaptivaRealEstateGuide.com](http://www.SanibelCaptivaRealEstateGuide.com)

Locations In Sanibel and Captiva  
2400 Palm Ridge Rd. Sanibel • 11508 Andy Rosse Ln. Captiva



# Shareholders Meeting Held By Teleconference

The Sanibel Captiva Trust Company founder and chairman, Al Hanser, welcomed shareholders, board members, advisory board members and employees to the holding company's 20th annual SanCap Group Inc. shareholders meeting held by teleconference for the first time since its inception. Changes were made to the type of gathering for the well-being of all participants due to COVID-19 protocols.

Hanser opened with the company's mottos: "Always do the right thing" and "Clients come first." He also reassured callers by saying, "The coronavirus has changed everyone's lives overnight, but the trust company will be just fine. Our only concern is for the health and safety of our clients and employees."

He went on to announce the names of three new board members, making the total 14: Jeff Powers of Sanibel, James Watrous of Belleair, Florida and Charles Ketteman of Sanibel, a past board member who has been re-elected to serve another term. The Sanibel Captiva Trust Company's recently retired president Richard Pyle was also elected as a board member emeritus in appreciation for his wisdom and contributions throughout his tenure at the company.

"Along with our expanding client base, the trust company team is growing as well," said Hanser. "We've added 11



Terry Igo and Al Hanser

photo provided

truly talented new professionals over the last 18 months, bringing the total to 43 across Tampa Bay, Sanibel and Naples." He went on to thank each market's advisory board, whose members serve as ambassadors in the community and advisors to that market's trust company team.

Hanser also discussed an in-depth strategic planning effort that took place at the trust company over 2019-20. Client survey results helped direct the future of the company's path, and updated mission, vision and values were accepted, representing the state of the company and today's stakeholders.

CEO Terry Igo presented on the financials of the trust company,

highlighting key points:

The net profit goal for 2019 was set at \$4.7 million when the actual net profit came in at \$5.5 million. This represented a 32 percent annualized increase over the past consecutive five years.

The fee revenue goal was set at \$17,754,000 and the actual came in at \$18,538,000, representing a 14 percent annualized increase over the last consecutive five years.

The goal for Assets Under Management (AUM) was set to increase by \$175 million, but surpassed that by increasing by \$262 million, a 34 percent increase from 2018. This also equated to a 14 percent annualized increase in AUM over the last consecutive five years. AUM

was approximately \$2.5 billion at the end of 2019.

A sum of \$300 million in new business from existing and new clients in 2019 accounted for much of the increase, growing the average account size from \$4 million to \$6 million.

Igo said, "The health of the trust company is robust. Even if we experience a prolonged downward turn in the economy due to our present circumstances, we feel confident that the trust company will produce a net profit in 2020."

"Our confidence level in the future remains strong and even in this environment, we are continuing to follow through with our plans by adding key employees that will be a benefit through this situation, and continue to serve clients for years to come."

Ian Breusch, chief investment officer, reported on the volatile capital markets. "The S&P 500 is down 24 percent year-to-date yet trust company portfolios held up better than average compared to many funds and ETFs," he said. He emphasized how the portfolio management team is evaluating each client's situation and identifying opportunities for clients in this environment. He also touched on the importance of staying calm and seeing this event through to the other side. "Our investment philosophy plans ahead for these uncomfortable times in the market, keeping income-producing portfolios relatively steady and allowing clients to continue their lives uninterrupted," said Breusch.✴



YOU'RE UNIQUE.  
*Your home  
should be too.*

You deserve a custom home, on a lot of your choosing, with quality finishings, a layout that functions with your lifestyle, and a builder who understands. Daniel Wayne Homes will work with you one-on-one to ensure that your next home is your dream home.

Explore floor plans and get in touch at [DanielWayneHomes.com](http://DanielWayneHomes.com). CGC034850



LET US  
HELP YOU  
**BUY & SELL**  
THESE FINE  
PROPERTIES.



**15261 CAPTIVA DRIVE**



**WATERFRONT SECLUDED OASIS**  
• 4 BR, 4.5 Bath, Furnished Home, Private Deep -Water Dock w/Lift  
• Custom Design by Stofft Cooney of Naples  
• Heated Pool w/Infinity Spa, Lush Landscape, Estate Lot  
**\$12,500,000**

**6053 SANIBEL CAPTIVA ROAD**



**1.56 ACRES OF STUNNING VIEWS**  
• Western Exposure, Wonderful Sunsets  
• Easy Walk to Restaurants & Marina  
• Your own piece of paradise  
• Build Your Dream Home & Island Getaway  
**\$1,195,000**

**9036 MOCKINGBIRD LANE**



**THE DUNES**  
• Unmatched Views, overlooking the lake & golf course  
• 3 BD, 2 BA, 1,783 S.F. Large master Suite, walk-in closet & huge bath  
• Vaulted ceilings, large open concept & amazing indoor/outdoor living  
**\$679,000**

**WEST GULF DRIVE**



**BEAUTIFUL BEACH FRONT LOTS**  
• 1 of 3 Lots Available, 104' + Beachfront w/ Panoramic Views  
• Incredible Opportunity, Ideal Location  
• 1.5+ Acres of Land on Private Setting  
**\$3,795,000 - \$3,895,000**

**1246 & 1250 SEAGRAPE LANE**



**SANIBEL BAYFRONT**  
• Last Large Underdeveloped Bayfront Estate  
• Located on Sanibel's East End  
• Natural Shoreline w/Beach to walk  
**\$2,789,000**

**11544 WIGHTMAN LANE**



**CAPTIVA VILLAGE**  
• 1 Property from Beach, Great Rental income!  
• Spacious 2 Story, 4 BR, 5.1 BA home  
• Screened pool, deck, outdoor shower, grill  
**\$2,395,000**

**1230 BAY DRIVE**



**ISLAND DREAM - SANIBEL HARBOR**  
• True "Old Fla" 3BR 2BA Perfect Island Dream Home  
• Deep Water Boating Access w/ Updated Pool and Deck  
• Amazing Views, Modern Finishes & Lush, Tropical Vegetation  
**\$1,619,000**

**15843 CAPTIVA DRIVE**



**GORGEOUS GULF TO BAY CAPTIVA COTTAGE**  
• 3BR 3BA Lush Landscape and garden  
• Shiplap siding, Wood beams, Heart of pine wood floors  
• Large kitchen w/granite counters & SS appliances  
**\$7,489,000**

  
**McMURRAY & Members of ROYAL SHELL**  
*Real Estate*  
**FOR PROPERTIES OF PRESTIGE & PREFERENCE**

McMurrayandMembers.com | Info@McMurrayandMembers.com | Mike McMurray: 239.850.7888

Follow us on Social Media at: @mcmurrayandmembers   



## Superior Interiors

# Give Your Dining Room A Modern Makeover



by Linda Coin

For some, the dining room is the main gathering space for entertaining guests. For others, it's just meant to be an aesthetically pleasing area that sees minor foot traffic. Regardless

of how you use your space, do you think it could use a refresh? Why not consider modern design? It's a sleek and sophisticated way to present your area for wining and dining. With a little thought to these tips, you can turn this space into the mid-century modern room of your dreams.

The color of your walls should be based on the modern feeling you're hoping to exude. For a sleek and sophisticated look, stick with dark shades of gray or taupe. For a more distinct vibe, paint the walls in white, complementing with bright, bold accessories in shades of pink, yellow or blue.

The lighting fixtures you choose to hang can make or break the modern feel you're going for. Don't choose classic ceiling globes and standing lamps with generic shades. Instead, stick with hanging pendant lamps, bubble chandeliers and slate LED box lamps.

Stay away from the overwhelming curvature of traditional vintage dining chairs, tables and bookcases. Instead, choose clean lined furniture. A sleek black dining room table will elongate the room. Complement the table with bold, yet simplistic, chairs to seat your guests. Keep all other furniture, such as bookshelves, chests and other cabinetry as sleek as possible. Simplicity is key in modern design.

Once you have developed the perfect color scheme, followed by choosing modern light fixtures and clean-cut furniture, you can accessorize. Just remember, simplicity is key in modern design, so there's no need to go overboard. A vase of flowers as a centerpiece will do the table justice. The walls can benefit from a few large pieces of decorative artwork. Modern techniques make bold design simple and stylish and simplistic design is all about maximizing "white" space.

If you're ready to turn your dining room into a minimalist sanctuary, consider reaching out to a design professional. He or she will visit your home to assess the space and give quality recommendations for designing with a modern approach to transform your existing space.

Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at [linda@coindceden.com](mailto:linda@coindceden.com).✱

# A Time For Imaginative Thinking

submitted by Brielle Ruiz

Peter Blaze Corcoran, Sanibel resident and professor emeritus at Florida Gulf Coast University (FGCU), was recently elected to the board of directors of the Frances Perkins Center in Damariscotta, Maine.

Frances Perkins was the first woman in American history to serve as a cabinet secretary. In 1932, at the depths of the Great Depression, Franklin Delano Roosevelt appointed her to serve as secretary of labor and she held that post through his entire presidency. She was the architect of the New Deal and was the force behind the minimum wage, the 40-hour work week, workers compensation, unemployment insurance, workplace safety regulation, child labor protection and Social Security.

Inspired by her faith, Perkins envisioned and fought for social justice, fair and safe conditions of labor, and the alleviation of poverty throughout her career. She is designated as a Holy Woman of the Episcopal Church, honored with a feast day on May 13. Despite these major accomplishments, she remains one of the most under-recognized women in American history.

The Frances Perkins Center is a nonprofit organization dedicated to fulfilling the legacy of Perkins, educating the public on her remarkable career in public service, and preserving the Perkins family homestead for future generations. Corcoran looks forward to serving alongside such a distinguished national team of labor and New Deal scholars and honoring the life's work of one of his long-time heroes.

Corcoran believes Perkins' career can be a model for all in times like these, when social and public services are profoundly tested. Her reimagining of the federal government's responsibility to provide all its people with the best possible life



Maine Gov. Janet Mills and Peter Blaze Corcoran pose with a Frances Perkins photo cutout at the Portland premier of *Summoned* photo provided

is highly relevant to the health, social, political and economic crises as a result of COVID-19. Corcoran believes Perkins' bold thinking, advocacy and action on behalf of working people is just what we need at this critical moment in the nation's history.

"This is a time for imaginative 'New Deal' thinking," said Corcoran. "Frances Perkins created programs that did not exist, such as unemployment insurance and Social Security out of a deep humanity and concern for the poor." He hopes to help translate her thinking to help meet the deep needs of America at this challenging time.

Corcoran had been invited to give a talk, entitled Frances Perkins: Working Mother, U.S. Secretary of Labor, Holy Woman of the Episcopal Church, this April to the Episcopal Church Women at Saint Michael and All Angels Episcopal Church on Sanibel. It has been postponed but will be rescheduled for next season.

To learn more about Frances Perkins, visit [www.francesperkinscenter.org](http://www.francesperkinscenter.org). A new film about her life and career – *Summoned: Frances Perkins and the General Welfare* – is airing on PBS.✱

THE ONLY ISLAND-BASED AIR CONDITIONING COMPANY

**Sanibel**  
AIR  
AND ELECTRIC

**SPRING HAS  
SPRUNG!!!**

**...AND SO HAS  
ALLERGY SEASON**

## REME HALO®:

- Kills up to 99% of bacteria, mold and viruses
- REME® reduces sneeze germs by 99% in the time a sneeze can reach three feet
- New zinc ions kills 99% of viruses on surfaces!

For more information call  
us TODAY at 239-395-2665

**(239) 395-COOL (2665)**

24-Hour Service Line: 239-472-3033

Sanibel Air and Electric, Inc. | Family Owned & Operated

1213 Periwinkle Way | Sanibel, Florida 33957

[www.SanibelAir.com](http://www.SanibelAir.com) • [cooling@sanibelair.com](mailto:cooling@sanibelair.com)

LIC # CAC-057364

LIC # EC-0001761



## Insurance Solutions For Sanibel & Captiva



**Rosier**  
INSURANCE

**Wind • Flood • Home  
Condo • Business  
Auto • Boat**

**CONTACT US TODAY**

**472-1152**

[www.rosierinsurance.com](http://www.rosierinsurance.com)

**Rosier: The name that has been serving  
Southwest Florida for over 65 years**

1200 Periwinkle Way, Suite 2  
Matzaluna Plaza • Sanibel Island



**Angela Larson Roehl**  
[alarson@rosierinsurance.com](mailto:alarson@rosierinsurance.com)





**Trevor Nette**  
Broker/Realtor



Today is the day to live your beautiful life

3767 West Gulf Dr., Sanibel



- Newer construction. Gorgeous interior.
  - Wine Room. Elevator. Game Room.
  - Panoramic Gulf views. Private Pool.
  - Fully Furnished. Professionally Decorated.
- \$7,995,000

2647 Wulfert Rd. #1, Sanibel



- New interior with open layout + 2 car garage area.
  - New kitchen, bathroom, flooring + electrical.
  - 3/3. Fantastic #18 Fairway + Lake Views.
  - Can be purchased with membership
- \$899,000

2284 Troon Court, Sanibel



- The Sanctuary. Private + Luxurious Residence.
  - New roof, generator, impact windows.
  - Large resort style pool + landscaping.
- \$1,799,000

2659 West Gulf Drive, Unit B302, Sanibel



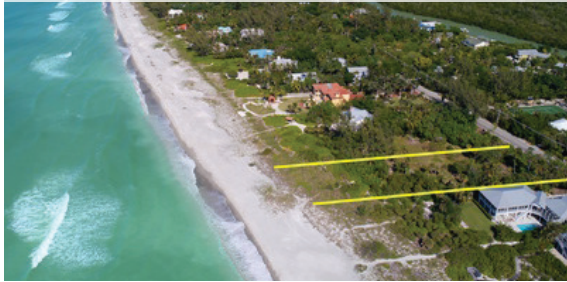
- Best of the best location.
  - Penthouse/western corner exposure.
  - Professionally decorated. Turn key.
  - Panoramic Gulf of Mexico views.
- \$2,295,000

17201 Captiva Dr., Captiva



- Captiva Beach & Bay.
  - Magnificent Old World Ambiance.
  - 4/5 Bdrms. Pool. Premier Boating & Dockage.
  - Spectacular water vistas & location. Sunsets and Sunrises daily.
- \$5,500,000

16970 Captiva Dr., Captiva



- Premier Beach Location on Gold Coast.
  - Western Exposure Direct Sunset Views.
  - Live the Island dream.
- \$3,995,000

Spotlight Properties of the Week



From Beach to Bay + Everything In-Between

TREVORNETTE.COM

Trevor@ TrevorNette.com 239.281.4435



Will Power

Silver Lining



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

If you're concerned about estate taxes, the stock market drop related to the coronavirus pandemic offers an opportunity. Many who watch the market are sickened by its precipitous decline over the course of the past several weeks. It's worse than either the 2001 decline after September 11, and of the 1987 crash. The experts seem to predict, however, that once the pandemic has run its course, the market will rebound. Some pundits believe it will rebound fairly quickly, others believe it will take years. No one knows.

Yet, if you're concerned about federal estate taxes, now might be an opportunity to act. Not only has everyone's stock portfolio declined, but so have real estate values, and those of closely held businesses. Discounted values on operating assets held in LLCs, partnerships and S corporations may be as much as 75 percent lower than they were only a few months ago.

Combine the loss of value with extremely low interest rates and you have leveraging strategies that can minimize lifetime gifts. Now, for example, is an excellent time to consider Grantor Retained Annuity Trusts (GRATs), Qualified Personal Residence Trusts (QPRTs) and sales to Intentionally Defective Grantor Trusts (IDGTs).

You might believe that today's high federal gift and estate tax exemption of \$11.54 million means you don't have to worry about these things. Consider this: First, the current exemption will expire on December 31, 2025. Second, the exemption may be lowered before then, depending upon which party wins the White House and the Congress in the November elections.

It's not unlikely that the federal gift and estate tax exemption fall by half or more per person.

Also, our federal government is spending trillions of dollars for stimulus over the next several months to head off a recession. It will have to recover that money. Tax rates are certainly going to increase. It's easier to tax transfers of wealth as opposed to income. So now might be the least expensive time to consider wealth transfers.

Some clients wish to make transfers but want to retain the income from the assets that they're transferring. Generally speaking, the tax code frowns on that. If you retain the income, you mostly retain the wealth (and the growth associated with that wealth) at your death.

There are advanced strategies that allow one to transfer wealth without losing the income stream from it, at least for a period of years. The best wealth transfer techniques are designed with the client's goals and concerns in mind. Too often, attorneys, accountants and financial advisors begin with an explanation of a strategy they believe might work for a client.

The conversation should always start with what the client wants to achieve, not with the advantages and disadvantages of any given strategy.

One of my concerns, and that of my colleagues, is whether the IRS would "claw back" prior gifts that were made during a period of high exemptions if the taxpayer died after the exemption decreased.

In other words, suppose you transferred \$11.5 million of assets now, consuming your entire exemption without paying any tax, but then died when the exemption had fallen to \$6 million. Would the prior gift made that was then tax free become taxable at your death?

The reason for concern rests in how your federal estate tax return calculates the tax. Your gross taxable estate is not what you own at the time of your death. Prior taxable gifts are added back to your holdings. The entire amount is then applied against the full exemption. If that exemption has decreased between the time that you made tax free gifts to the date of your death, the current federal estate tax form would generate a tax.

I attend an advanced estate planning conference annually sponsored by the University of Miami Law School. At this year's conference, the experts pointed to recently issued Treasury Regulations published by the IRS stating that the claw-back won't occur.

Consequently, even if the exemptions decrease between now and when we die, tax free gifts made during life appear to remain tax free at death.

There's much to consider, even in these dark hours. As always, consult with a qualified estate planning attorney before implementing any strategy.

©2020 Craig R. Hersch. Learn more at [www.sbshlaw.com](http://www.sbshlaw.com).

Therapy Center Offers Telehealth Services

Island Therapy Center owner Rachel Tritaik was faced with a tough decision. Despite thoroughly sanitizing between patients, altering procedures to minimize surface touches, and following CDC guidelines, she was concerned about social distancing between patients and therapists, and quantities of PPE (personal protective equipment) supplies. "We initially checked temperatures, and restricted entry to the clinic for anyone with a fever, cough or recent travel history," Tritaik said, "however, as cases began to increase in Lee County, I could not put patients or staff at further risk." Since most patients attending Island Therapy Center were in a high-risk category for COVID-19 complications,



Rachel Tritaik on video call photo provided

Tritaik temporarily suspended hands-on services at the clinic on Periwinkle Way and instituted a safer alternative.

Telehealth services were incorporated last week by the clinic's physical therapists in order to continue providing needed health services and reduce the detrimental effects of social isolation. The technology, now utilized by primary care providers to reduce infection risk, can be

continued on page 36

# The Trusted Choice In Auto Repair For Sanibel & Captiva

## LEGENDARY

★★★★★ AUTOMOTIVE & TRUCK SERVICE

Google rated: 4.8 ★★★★★

We service all makes and models, both foreign and domestic.

Highly trained, Professional, and caring staff.

3 year/ 36,000 mile nationwide warranty.

Same day service in most cases.

**\$25 Off**

any service that we offer

Limit one per customer, no cash value, cannot be combined with any other offer or discount.

239-277-1004

1921 Courtney Drive • Fort Myers 33901

OPEN Monday - Friday 8am to 5:30pm • Saturday 8am to 4pm • Sunday Closed

[www.LegendaryFL.com](http://www.LegendaryFL.com)

All Makes and Models both Foreign and Domestic

Approved Auto Repair

State Of Florida MV# 97330

When you're ready for outstanding air conditioning service...

HEATING • VENTILATING • AIR CONDITIONING

Home of The Comfort Club!

**It's time to call Allied Air Services!**

239-217-4111 [www.AlliedAir.biz](http://www.AlliedAir.biz)

Serving Captiva, Sanibel, Ft. Myers Beach, and the surrounding Lee county area with over 34 years of trusted HVAC experience.



Only  
Premier | Sotheby's  
INTERNATIONAL REALTY

View all of our listings at  
PremierSothebysRealty.com



BELLE MEADE

**8441 Belle Meade Drive**  
Burns Family 239.464.2984  
\$1,750,000



CAPTIVA

**14865 Mango Court**  
Burns Family 239.464.2984  
\$1,295,000



USEPPA ISLAND

**301 Useppa Island Unit B**  
Brian McColgan 239.410.7850  
\$1,175,000



GULF BEACH

**527 East Gulf Drive #107**  
Burns Family 239.464.2984  
\$879,000



SANIBEL

**4339 Gulf Pines Drive**  
Wendy Humphrey 239.851.2301  
\$750,000



SANIBEL

**3324 Saint Kilda Road**  
Burns Family 239.464.2984  
\$449,000



CAPE CORAL

**2301 SW 50th Lane**  
Stephanie Bissett 239.292.3707  
\$389,000



GULF HARBOUR YACHT & COUNTRY CLUB

**14200 Royal Harbour Court #904**  
Maxwell Thompson 239.989.3855  
\$1,145,000



USEPPA ISLAND

**312 Useppa Island**  
Brian McColgan 239.410.7850  
\$3,250,000



CAPTIVA

**11515 Gore Lane**  
Burns Family 239.464.2984  
\$2,450,000



CAPTIVA

**18 Beach Homes**  
Burns Family 239.464.2984  
\$3,375,000



SOUTH SEAS ISLAND RESORT

**1662 Lands End Village #1662**  
Stephanie Bissett 239.292.3707  
\$1,990,000



SANIBEL

**5419 Osprey Court**  
Burns Family 239.464.2984  
\$1,095,000



LOGGERHEAD CAY

**979 East Gulf Drive #E514**  
Burns Family 239.464.2984  
\$995,000



SANIBEL

**979 Whelk Drive**  
Burns Family 239.464.2984  
\$969,000



LOGGHEAD CAY

**979 East Gulf Drive #263**  
Burns Family 239.464.2984  
\$628,000



CARILLON WOODS

**22 Timberland Circle South**  
Timothy Drobynk 239.281.3530  
\$575,000



USEPPA ISLAND

**137 Useppa Island Unit A**  
Brian McColgan 239.410.7850  
\$498,500



USEPPA ISLAND

**520 Useppa Island**  
Brian McColgan 239.410.7850  
\$389,000



PROVINCE PARK

**4209 Avian Avenue**  
Maxwell Thompson 239.989.3855  
\$245,000



LEXINGTON COUNTRY CLUB

**16440 Millstone Circle #304**  
Burns Family 239.464.2984  
\$194,900

Call us for all of your  
real estate needs

SANIBEL | 239.472.2735

CAPTIVA | 239.395.5847



# Frankly Speaking



by Howard Prager

There are three ways I can write this column at a time when sports aren't being played anywhere in the world. One, let's look historically at some famous players. Two, let's

look at sports from the context of how it intersects with our lives. Three, let's look at what needs to happen for athletes to prepare for a season. I will rotate these topics over the next few weeks as we all deal with staying safe and healthy. Today, let's look at number two.

The majority of us are armchair athletes, meaning we don't have the ability to compete at a major league level. We get our thrills viscerally, cheering on our favorite teams and players, watching the box scores and standings, and focusing on either 20/20 hindsight or trying to forecast what the future season or matchup has in store for us. We may have played these sports as a kid, and even developed enough talent to play in high school or college. In baseball, just 5.6 percent of high school players play college ball, and just 10 percent of those players get drafted, while 0.5 percent of high school players get drafted directly by a major league team. Even then, only

two thirds of first round draft picks ever play in the majors, and the numbers drop precipitously with each following round. In basketball, the odds are much less. About 0.03 percent – you read that right – 3 in 10,000 – high school players make it to the NBA. Play ball in college and this increases to a whopping 1.5 percent. Still very rare. The NFL is slightly more with 0.08 percent of high school players – 8 in 10,000 – making it to the NFL. And 3.9 percent of college players are drafted onto NFL teams. To close out on the NHL, 1.6 percent of players are drafted, but not all get signed to a contract. Only 1 percent play in the NHL and 0.5 percent play a full season.

When we talk about elite athletes, when we look at some and say what is he/she doing here, these are still some of the best to play the game. Now let's compare that with the elite of some other professions. To become a Fortune 500 CEO, the odds are even more staggering – 1 in 135,000 make it to be a CEO. But that's easy compared to becoming a professional musician. In many ways, it's a crapshoot, but if you're super-talented, charismatic and driven, your odds go up. From 0.000001 percent to about 0.000002 percent. Jeesh, I'd rather be an astronaut. If you have the "right stuff," credentials (engineering or science degree, flight time, etc.), you have between a 0.04 to 0.08 percent chance of getting selected as an astronaut (which doesn't mean you'll get chosen to go into space).

To make it to the top of any profession, it takes hard work, timing, some natural

ability and the right background. Which means we end up cheering for people who paid a lot of dues along the way. Sports is supposed to be a break for us from day-to-day life, an opportunity for some fun, a competition we can all rally around. Let's hope when this is all behind us that we will be able to root for our teams where they left off.

I'd like to conclude in two ways – how we can thank the very athletes we admire for their humanitarian efforts, and what we can do for ourselves during this time of increased social distancing. Kudos to Stephon Marbury who is trying to buy 10 million N95 masks for New York City, to Drew Brees who donated \$5 million to New Orleans relief efforts, to Swiss tennis superstar Roger Federer who donated \$1 million "for the most vulnerable families" in Switzerland, and to all the owners and players who are paying salaries for arena and even noncontract employees who have lost their incomes during this time. The list goes on with more athletes and celebrities each day providing aid, donations and support. Sadly some, including owners, have contracted the coronavirus. We wish them a speedy recovery.

What can you and I do? During this time when we can't watch live games, we can all pick ourselves up and try a new type of workout. Take care of yourself and keep yourself fit. Keep your distance but get out for walks. Take time to keep healthy, keep our bones and muscles in better shape, and improve our mental

attitude. So many solo workouts exist from aerobics to Zumba, from yoga to running, from walking to stretching. All of these will help you feel better, keep your muscles toned and contribute to your overall health. And help all of us prepare for the time when life can go back to "normal."

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to [press@islandsunnews.com](mailto:press@islandsunnews.com).✱

## Top 10 Books On The Island

1. *Fins* by Randy Wayne White
  2. *Sunset Beach* by Mary Kay Andrews
  3. *Shell Shocked* by Jennifer Schiff
  4. *Splendid and the Vile* by Erik Larson
  5. *Nothing to See Here* by Kevin Wilson
  6. *Winemaker's Wife* by Kristin Harmel
  7. *My Dark Vanessa* by Kate Elizabeth Russell
  8. *Something in the Water* by Catherine Steadman
  9. *Lost Roses* by Martha Hall Kelly
  10. *A Long Petal of the Sea* by Isabel Allende
- Courtesy MacIntosh Books and Paper.✱

From page 34

## Telehealth

accessed by anyone with a smartphone, tablet or laptop. The telehealth video call platform used by Island Therapy Center is fully encrypted and HIPAA-compliant. Therapists can also send patients a customized video home program following their session. Modified pilates and medical fitness sessions provided by the clinic's skilled personal trainer are also available via video call.

"We do not want our patients to suffer

pain or lose strength while at home," Tritaik said. "We can continue treating dizziness, post-surgical, orthopedic and neurological cases using our telehealth platform, while following social distancing, in order to keep our patients healthy." Urgent cases requiring hands-on care may still be scheduled on a case-by-case basis, as the clinic still has limited personal protective equipment supplies.

For more information about physical therapy and fitness telehealth sessions, call 395-5858 or visit [www.islandtherapycenter.com](http://www.islandtherapycenter.com).✱

## SPORTS QUIZ

1. What business executive was chairman of the 1984 Los Angeles Olympic Organizing Committee and served as the sixth commissioner of Major League Baseball from 1984 to 1989?
2. In February, 42-year-old Zamboni driver David Ayres became the first emergency backup goaltender to record a win in NHL history. For what team did Ayres suit up?
3. Who was the only member of the University of Michigan's 1991 Fab Five recruiting class to never play a game in the NBA?
4. The 1982 Atlanta Braves and the 1987 Milwaukee Brewers share the Major League Baseball record for consecutive wins to start a season with how many?
5. Cheryl Miller won two women's basketball national championships (1983-84) and three Naismith College Player of the Year awards (1984-86) as a member of what team?
6. Old Trafford stadium is home to what English Premier League soccer club?
7. What was the name of the character played by Alex Karras, a Detroit Lions defensive lineman from 1958-70, on the 1980s TV sitcom "Webster"?

## ANSWERS

1. Peter Ueberroth.
2. The Carolina Hurricanes.
3. Ray Jackson.
4. 13.
5. The USC Trojans.
6. Manchester United F.C.
7. George Papadopolis, a sportscaster and retired football star.

**EVERYONE DESERVES A CLEAN POOL!**



**ISLAND CONDO MAINTENANCE**



SERVING SANIBEL, CAPTIVA & FORT MYERS FOR 40 YEARS!

**Commercial & Residential Pool Service and Repairs**  
Veteran Owned & Operated

**FREE ESTIMATES!**  
#CPC1458912 #SI-12240

**CALL 239-472-4505**

**DEPENDABLE, FAST & RELIABLE**

IslandCondo@comcast.net  
[www.icmpools.com](http://www.icmpools.com)

Monday-Friday 7am-4pm  
24 Hour Emergency Service Available

**ISLAND CONDO MAINTENANCE**

THE ONLY LAWN EQUIPMENT SALES & REPAIR SERVICE  
LOCATED ON ISLAND AT 1205 PERIWINKLE WAY.



**239-472-4505**

**STIHL CERTIFIED DEALER & WARRANTY REPAIR STATION**

Pickup & Delivery Available  
Friendly & Knowledgeable staff



**Jesus Hernandez**



**LAWN CARE & TREE SERVICE**

Good time to revitalize your landscaping

**10% OFF**  
on New Landscaping Jobs

We honor 6 ft. social distance at all appointments.

— Licensed & Insured • Free Estimates —

**239-482-7350 • Cell 239-872-9886**

[www.JesusLawnCare.com](http://www.JesusLawnCare.com) • [JesusLawnCare@gmail.com](mailto:JesusLawnCare@gmail.com)





Beautifulife:  
Get Creative



by Kay Casperson

Now more than ever, we need to get our creative juices flowing to keep ourselves, our families and our loved ones inspired during these challenging times. We need to look for

new ways to fulfill our days and to keep our minds and bodies in a positive state of well-being. I have been coming up with various things for my kids and family to do that can tend to get pushed aside during our normal everyday hustle and bustle.

Here are a few of my ideas; there are many more, so please add your own to this list:

Pull out all of your arts and crafts materials. This could include markers, highlighters, pens, pencils, glue, tape, scissors, paper, magazine articles, material, paint and brushes. Create a vision board on paper that represents what you want your life to look like in the future.

Now is the time to work on our photo walls. Make your home even more personal and special by creating a wall of beautiful memories that you will treasure forever. Just send your favorite photos to get printed or download an app that helps you every step of the way.

You know that musical instrument that you have always wanted to learn to play? The ukulele, the piano, the guitar or even your own voice. Now is the time to learn something new and to cherish the time that you are always wishing you had to nurture your desired gifts and talents.

Games, games, games. Whether you are alone or with others, you have the

opportunity to play many games. You can download them on your phone or pull out the ones you have at home. Games are a great way to challenge your mind and keep your spirits high.

Cooking is the key. Since we are not able to eat out at other establishments right now, it is a great time to sharpen up your cooking skills and to learn some new techniques. Pick some recipes online that you have been wanting to learn and take the time to perfect your cooking skills so that you can add these recipes to your repertoire.

I know for sure that we will get through this and be stronger because of it. We might even continue to hold tight to some of the things that helped us along the way.

My affirmation for you this week is:

"I am creating new ways to fill my time, and to challenge my mind to keep living my best and most beautiful life."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit [www.kaycasperson.com](http://www.kaycasperson.com) or follow on social media @kaycasperson.✪

Jury Duty Suspended

The Florida State Supreme Court recently issued a new administrative order to further suspend all jury trials through Friday, April 17. Anyone with a summons for jury duty dated between now and April 17 is not required to report to the clerk's office for jury duty. If you are unsure if your summons is impacted by this order, call the number provided on the summons or visit the jury duty page on [www.leeclerk.org](http://www.leeclerk.org).✪



Sanibel Bike Club members stop for a break, at a safe social distance photo provided

Spend Time Outdoors On Shared Use Paths

During these days of social distancing, residents and visitors are fortunate that Sanibel features more than 26 miles of shared use path for biking and hiking. Recently, members of the Sanibel Bike Club, riding independently on the path, stopped to take a moment to catch

up while maintaining public health recommendations for individuals to maintain a six-foot distance. Exercise and sunshine are good for the body and mind. The club encourages you to get out and enjoy the natural beauty along the paths.

The Sanibel Bike Club is a group of cycling enthusiasts at all levels of ability. The club welcomes new members to share its on- and off-island rides and monthly potlucks. For more information about the club and how to join, visit [www.sanibelbicycleclub.org](http://www.sanibelbicycleclub.org).✪

**VASANTA SENERAT CPA, P.A.**  
CERTIFIED PUBLIC ACCOUNTANT  
CHARTERED FINANCIAL CONSULTANT

Accounting, Tax Preparation and Consultation for  
Businesses • Individuals • Condo Associations • Non Residents

SANIBEL • 472-6000      FORT MYERS • 418-0008  
1633 Periwinkle Way • Anchor Point      3949 Evans Ave. • Suite 205•33901

Under New Ownership

**Affordable ISLAND Irrigation**

Get a Complete System Check Today!

- Routine System Checks
- Repair of Current System
- New Installations
- Water Audits & Leak Detection
- Residential or Commercial

**239-738-9970**

[AffordableIslandIrrigation@gmail.com](mailto:AffordableIslandIrrigation@gmail.com)

**ARE YOU PREPARED?**  
**GET YOUR FREE EMERGENCY HEALTHCARE DOCUMENTS TODAY**

**Serving Southwest Florida since 1924**  
[www.floridaestateplanning.com/healthcare](http://www.floridaestateplanning.com/healthcare)

Our Law Firm has been assisting Southwest Floridians for nearly a century. During this difficult time we're here for our community. Everyone should have proper legal documents should they need them. For your free Healthcare Surrogate and Living Will, visit the link above.

**SHEPPARD, BRETT, STEWART, HERSCH, KINSEY & HILL, P.A.**  
Attorneys at Law

Main/Mailing Office: 9100 College Pointe Court, Fort Myers  
[www.floridaestateplanning.com/healthcare](http://www.floridaestateplanning.com/healthcare)





FRIDAY  
Mostly Cloudy  
High: 80 Low: 64



SATURDAY  
Few Showers  
High: 75 Low: 59



SUNDAY  
Mostly Sunny  
High: 78 Low: 62



MONDAY  
Mostly Cloudy  
High: 80 Low: 64



TUESDAY  
Mostly Cloudy  
High: 81 Low: 65



WEDNESDAY  
Few Showers  
High: 84 Low: 67



THURSDAY  
Cloudy  
High: 77 Low: 61

Redfish Pass Tides				
Day	High	Low	High	Low
Fri	12:40 pm	4:31 am	9:49 pm	3:34 pm
Sat	12:49 pm	5:22 am	11:08 pm	4:51 pm
Sun	1:03 pm	6:06 am	None	5:49 pm
Mon	12:14 am	6:43 am	1:19 pm	6:41 pm
Tue	1:13 am	7:16 am	1:36 pm	7:30 pm
Wed	2:11 am	7:45 am	1:57 pm	8:19 pm
Thu	3:08 am	8:10 am	2:20 pm	9:10 pm

Point Ybel Tides				
Day	High	Low	High	Low
Fri	11:45 am	4:33 am	8:54 pm	3:36 pm
Sat	11:54 am	5:24 am	10:13 pm	4:53 pm
Sun	12:08 pm	6:08 am	11:19 pm	5:51 pm
Mon	12:24 pm	6:45 am	None	6:43 pm
Tue	12:18 am	7:18 am	12:41 pm	7:32 pm
Wed	1:16 am	7:47 am	1:02 pm	8:21 pm
Thu	2:13 am	8:12 am	1:25 pm	9:12 pm

Punta Rassa Tides				
Day	High	Low	High	Low
Fri	11:19 am	4:28 am	9:59 pm	3:53 pm
Sat	11:58 am	5:21 am	11:18 pm	5:03 pm
Sun	12:27 pm	6:08 am	None	6:03 pm
Mon	12:17 am	6:50 am	12:53 pm	6:56 pm
Tue	1:06 am	7:28 am	1:18 pm	7:45 pm
Wed	1:53 am	8:04 am	1:42 pm	8:34 pm
Thu	2:43 am	8:39 am	2:05 pm	9:24 pm

Cape Coral Bridge Tides				
Day	High	Low	High	Low
Fri	2:50 pm	7:47 am	11:59 pm	6:50 pm
Sat	2:59 pm	8:38 am	None	8:07 pm
Sun	1:18 am	9:22 am	3:13 pm	9:05 pm
Mon	2:24 am	9:59 am	3:29 pm	9:57 pm
Tue	3:23 am	10:32 am	3:46 pm	10:46 pm
Wed	4:21 am	11:01 am	4:07 pm	11:35 pm
Thu	5:18 am	11:26 am	4:30 pm	None

My Stars ★★★★★  
FOR WEEK OF APRIL 6, 2020

**Aries** (March 21 to April 19) An unexpected problem should be handled as quickly as possible so that it doesn't cause too much of a delay. Someone who knows what you're facing could provide needed advice.

**Taurus** (April 20 to May 20) An unsettling situation seems to be taking forever to be resolved. Fortunately, your Bovine aptitude for patience is strong this week, so you'll be more than able to wait it out.

**Gemini** (May 21 to June 20) Taking a stand against an uncalled-for situation involving a friend or co-worker isn't easy, but somehow you'll rise to the challenge and do it. Rely on advice from someone you trust.

**Cancer** (June 21 to July 22) There are still some questions on all sides that need to be dealt with in order to allow hurt feelings to heal. Get your workplace tasks done early so that you can devote more time to loved ones.

**Leo** (July 23 to August 22) Consider a new spring makeover that will show all you Leos and Leonas in your best light. A new hairdo and some fashionable new clothes can help put a fresh glow on your image.

**Virgo** (August 23 to September 22) Some stormy, emotional weather can blow up in the workplace when an irate co-worker has strong words for you. But if you believe right is on your side, you'll be able to ride it out.

**Libra** (September 23 to October 22) Creating more balance in your life is especially important now so that you're not distracted when you get into projects that will make demands on both your physical and mental energies.

**Scorpio** (October 23 to November 21) As much as you enjoy being right when others are not, show your generous side by offering to use what you know to everyone's benefit. This way, you gain admirers and avoid resentment.

**Sagittarius** (November 22 to December 21) This is a good week for the Archer to aim at healing relationships. Whether it's at home, at work or among your friends, get everyone to set things straight and make a fresh start.

**Capricorn** (December 22 to January 19) Although you like things done your way, this is a good time to listen to ideas from others. You might even find yourself agreeing with one or more of their suggestions.

**Aquarius** (January 20 to February 18) Aspects favor positive action to reclaim your ideas from someone who might want the glory without doing any of the work. Expect to find many people rallying to support you.

**Pisces** (February 19 to March 20) You might feel uneasy about taking that step forward at work or in your private life. But who knows better than you that while treading water keeps you afloat, it doesn't get you anywhere.

**Born This Week:** You have a way of creating positive attitudes and making people feel good about themselves.

MOMENTS IN TIME

• On April 7, 1891, American showman Phineas T. Barnum dies in Bridgeport, Connecticut, at age 81. Barnum had requested that a New York paper run his obituary before he died so he could enjoy reading it, and the paper obliged.

• On April 10, 1933, President Franklin Roosevelt establishes the Civilian Conservation Corps to put thousands of Americans to work during the Great

Depression. The CCC was open to unemployed, unmarried U.S. male citizens between the ages of 18 and 26.

NOW HERES A TIP

• "Having a fancy dinner where you'll serve wine? You can pour box wine into a glass decanter. It will look and taste better because decanting aerates wine." OD in Washington

• Set a timer to remember to add softener to your load of laundry, and another for when the load is done. Buzzers can't always be heard, and it's best to not let your wet laundry sit.

• For oven spillovers, saturate a washcloth and lay over the mess when the oven has almost cooled. The heat will couple with the moisture to loosen it!

• To loosen dirt in window tracks, try this trick: Sprinkle baking soda along the track, and use a detail brush to loosen stuck dirt. Vacuum out debris, and then dust with a lightly damp rag. Should be clean!

• "Do you still watch DVDs? I do, and when they get a scratch, you can try this trick: Rub the surface with a little clear lip balm. Buff from center to edge in a straight line. The balm fills the cracks, making it watchable." F in Georgia

• Dollar stores and other discount chains are great places to pick up cleaning supplies, paper goods and school supplies on the cheap. They carry national brands that can save you a bundle.

STRANGE BUT TRUE

• Ever wondered why those athletic lace-ups on your feet are called sneakers? The moniker came about in the late 1800s, from their rubber soles that allowed people to walk or "sneak" around without a sound.

• Laura Ingalls Wilder's *Little House*

books were once used as post-World War II propaganda. Gen. Douglas MacArthur's occupation headquarters chose *The Long Winter* as one of the first American books to be translated into Japanese, in an effort to boost the morale of defeated, starving citizens. German translations soon followed, with a similar goal.

• During the mid-1970s, author Anne Fine walked by a shop selling jewelry and old furs, the proprietor of which was a Madame Doubtfire. Fine recalled the name in 1986 when she wrote her novel *Madame Doubtfire*. Her one request to makers of the film starring Robin Williams and Sally Field was that they "not make the children bratty, and they did indulge me in that."

• Believing he had been cursed for killing two canines, a man in India married a third as an act of atonement.

• Michelangelo, renowned painter of the Sistine Chapel and brilliant sculptor to boot, was surprisingly averse to personal hygiene. He also rarely changed his clothes. One of his servants remarked that the artist would spend so much time in his shoes that when he finally did take them off, "the skin came away, like a snake's, with the boots."

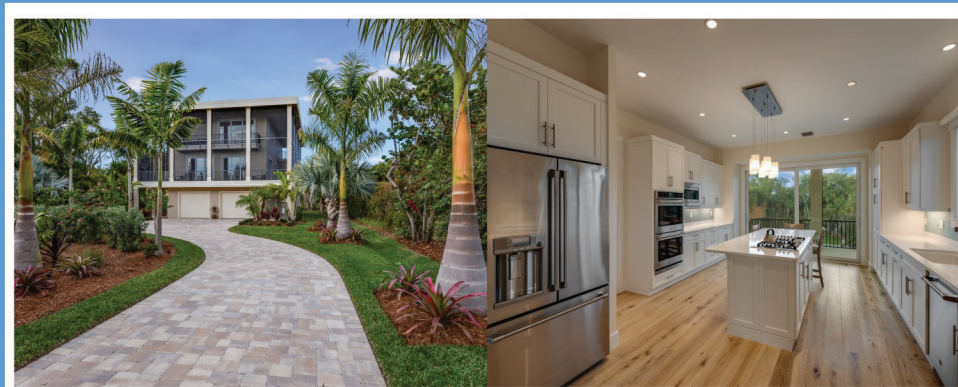
• You might experience "optophobia" while watching a terrifying scene in a horror flick – it's the fear of opening one's eyes!

• Zebras are responsible for more injuries to U.S. zookeepers than any other animal.

• Your left lung is smaller than your right to make room for your heart.

THOUGHT FOR THE DAY

"Books can be dangerous. The best ones should be labeled 'This could change your life.'" – Helen Exley



www.SanibelCaptivaRealEstateGuide

Buy Brilliantly! Custom Home  
West Gulf Drive  
Across From Beach!

4BR/3BA on a large acre+ lot. Impact glass, 10' ceilings, glassed elevator, gourmet kitchen w/gas cook top, and stainless appliances. All rooms access the screen enclosed decks overlooking an oversized salt water pool.

An Exceptional Home at \$3,699,000



Chuck Bergstrom  
Island Resident  
Award-Winning Realtor®  
Direct: 239-209-6600  
2400 Palm Ridge, Sanibel  
11508 Andy Rosse, Captiva





dearRPharmacist

# If You Lose Your Sense Of Smell, Stay Home



by Suzy Cohen, RPh

**D**ear Readers: As information and anecdotal evidence is collected from around the world, more symptoms associated with COVID-19 have come to light. For example, if

you've recently lost your sense of smell or taste, it could be a symptom of the novel coronavirus. Up to now, we've only heard the alarm sound if you develop a fever, headache, shortness of breath, or cough. But now, it is clear that the nose knows what's going on (and possibly before the rest of your body).

For some people, it could be your only symptom, or it could be the first symptom to show up before the others. Either way, it's your cue to stay home and take care of yourself. By that, I mean ramp up immune support supplements (think of C, D, E and zinc), drink some natural herbal teas. But mainly, hole up at home for a couple of weeks so you don't infect others.

These painless distortions of taste and smell often go under your radar until later, when a full-blown infection becomes more apparent. You can have a reduction, or complete loss of these senses. These symptoms are commonly associated with other viral upper respiratory diseases. Remember these symptoms the last time you had the flu? Appetite goes down, food is unappreciated, and it's impossible to smell anything even if you don't have a stuffy nose! But after the shivers depart, you can smell again. And you want to eat. There are some medications that can cause it, such as nifedipine, certain decongestant nasal sprays and phenothiazines (used for nausea or hiccups).

I am a big believer in essential oils, they are the 'oil' portion that distills from a plant, and I am diffusing eucalyptus in my home every day just because it has strong anti-viral activity. You can inhale it straight from the bottle. Does it cure anosmia? Of course not! But it's great in terms of its ability to support your body with a strong, well-known flu fighter! Eucalyptus, bergamot and lemon balm are pretty good this time of year.

The warning about anosmia is being taken quite seriously and it should be. I'm glad that anecdotal evidence has allowed us to quickly see this new symptom. It will serve to help us to know this as a population, as the pandemic continues to spread.

Before I sign off, I just have to

make a point. You know I love natural medicine. It's head-scratching that many hard-core conventional researchers and medical doctors suddenly believe in the 'anecdotal' evidence accumulating about anosmia, but will completely dismiss anecdotal evidence about herbal medications that's collected over centuries. Not only dismiss it, but with great disdain! Anecdotal evidence does

## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** My 26-year-old son seems to be struggling with not feeling he has a purpose. He is working a seasonal job, but has no idea what he wants to do with his life. Can you help?

**A:** I work with many clients his age who are uncertain of their purpose in life. They ask me how to find it. I let them know that we all have many purposes in life. Ask your son if he is a good friend to someone, if he has a passion, does he volunteer, does he spend time with the elderly, is he a kind person, is he a good listener, and does he have a big heart? If he answers yes to any of the above, he has a purpose.

matter, and we'll be relying on more of it in the coming months. I have a longer version of this article on my website if you'd like to read it.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).✱*

We often equate purpose with having or doing something big. Having a purpose can come with small acts of kindness and sharing.

Small acts of compassion in action can have a huge meaning and purpose.

We all have a unique calling and, for some, it is to do big things. For others, it's being simple and doing small things. This is something your son may not realize. What's important is that he does not compare himself to others, rather he feels good about his own gifts and strengths and uses them to his highest good. Perhaps you can have a conversation with him about these things, and he will begin to realize his true gifts and begin to see his purpose. True success and purpose is about living from the inside out.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email [Constance@drconstanceclancy.com](mailto:Constance@drconstanceclancy.com) or visit [www.drconstanceclancy.com](http://www.drconstanceclancy.com).✱

## TELEHEALTH PHYSICAL THERAPY AND FITNESS

**Island Therapy Center**

Feel Well on Sanibel! MM#27832 PT#13489

Consult and exercise with your physical therapist or personal trainer from the comfort of your home, while maintaining social-distancing.

Give us a call or check our website for details.

**239-395-5858** [www.islandtherapycenter.com](http://www.islandtherapycenter.com)

**Modified services due to infection control precaution**



**SECURE, EASY VIDEO  
CONFERENCE WITH  
YOUR THERAPIST**



**ISLAND  
INSURANCE  
SERVICE**



Mark O'Brien  
Owner/Agent



Susan Barnes  
Personal Lines



Trish Barbone  
Agent



Justin Wheeler  
Agent

Call our office today  
for a new Auto  
quote.

We are **HERE**  
for all your insurance needs

Have an insurance question?

703 Tarpon Bay Rd, Sanibel, FL (239) 472-3022

## YOUR NEUROLOGICAL SYMPTOMS MAY HAVE A STRUCTURAL CAUSE!

- Balance problems
- Blurred vision
- Dizziness / vertigo
- Fainting / drop attacks
- Swallowing or speaking difficulties
- Tinnitus or hearing problems
- Torticollis / cervical dystonia
- And many more!

The Hauser Neck Center at Caring Medical Florida specializes in unique, dynamic diagnostic tests that find what traditional MRI scans can miss, and Comprehensive H3 Prolotherapy to treat the underlying structural cause of chronic neck pain, migraines, and neurological symptoms.

Learn more at **CaringMedical.com** and  
contact our team to review your case!



Ross Hauser, MD

Hauser Neck Center  
Caring Medical Florida  
9738 Commerce Center Ct.  
Fort Myers, FL 33908  
(239) 308-4725  
[DrHauser@CaringMedical.com](mailto:DrHauser@CaringMedical.com)



**HELPING THE WORLD SEE CERVICAL INSTABILITY WITH 2020 VISION!**



Doctor and Dietician

# Sweeteners May Make You Fatter And Sicker



by Ross Hauser, MD  
and Marion Hauser, MS, RD

If you are sensitive to chemicals and need to avoid them in food, it is shocking to see how often they are added to so many foods. Artificial sweeteners are no exception. They are everywhere – condiments, chewing gum, beverages, candies, baked goods and the like! We have avoided them for years, but here is another reason why you may want to think about avoiding them, too!

We recently read a review article in *The Washington Post* on this topic. *The Journal of Cell Metabolism* published a study out of Yale examining the use of sucralose (found in Splenda, but also Zerocal, SucraPlus, Sukrana, and others) in combination with carbohydrate intake and its effects on blood sugar.

This study looked at 60 healthy people and put them into three groups: 1) consumed regular size beverage with two packets sucralose; 2) beverages with table sugar; 3) sucralose plus carbs (maltodextrin). All beverages tasted the same. However, group 3 developed adverse health issues. Other studies provide similar results.

We know that high sugar intake can lead to issues with weight, heart disease, diabetes and other health-related conditions. Sugar consumption in the U.S. has gone down, yet obesity rates have continued to rise. Why? The researchers report that the sweetener plus carbohydrate lead to significantly higher insulin levels, which can lead to metabolic dysfunction and weight gain, causing the body to become unable to properly metabolize sugar.

Some organizations will pay no attention to this study. They find artificial sweeteners to be time-tested “safe for human consumption.” We do not agree. We recommend again, as you often hear us say, “eat real food; cook real food; dump the junk; eliminate artificial anything.” To live the healthiest life possible, it starts with putting high quality fuel into your body. You will not optimize your health by consuming fast food, junk food, chemical-laden food, or artificial-anything food. Now, pass the Brussels sprouts!

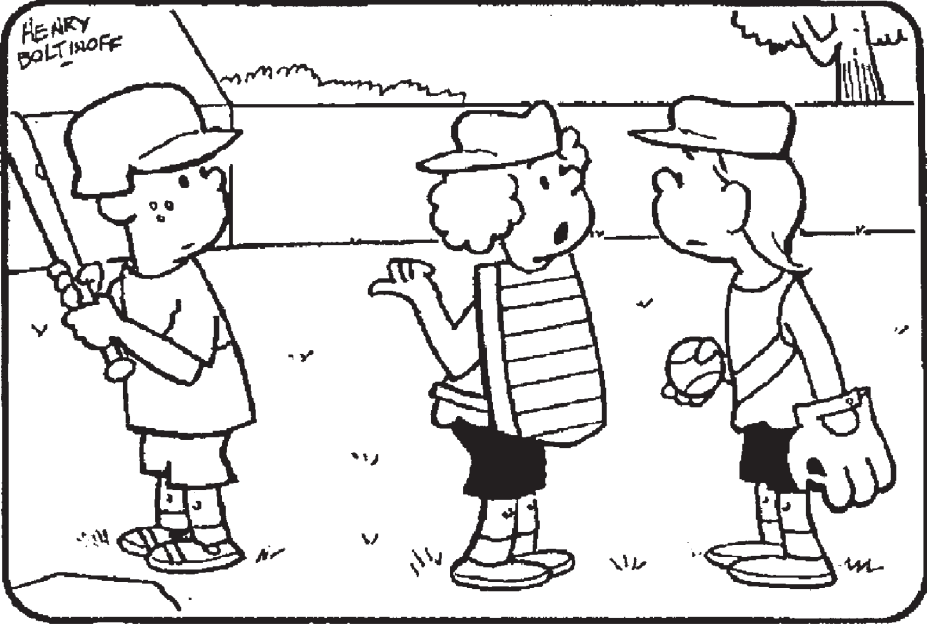
*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.\**

## Watch For Signs Of Addiction

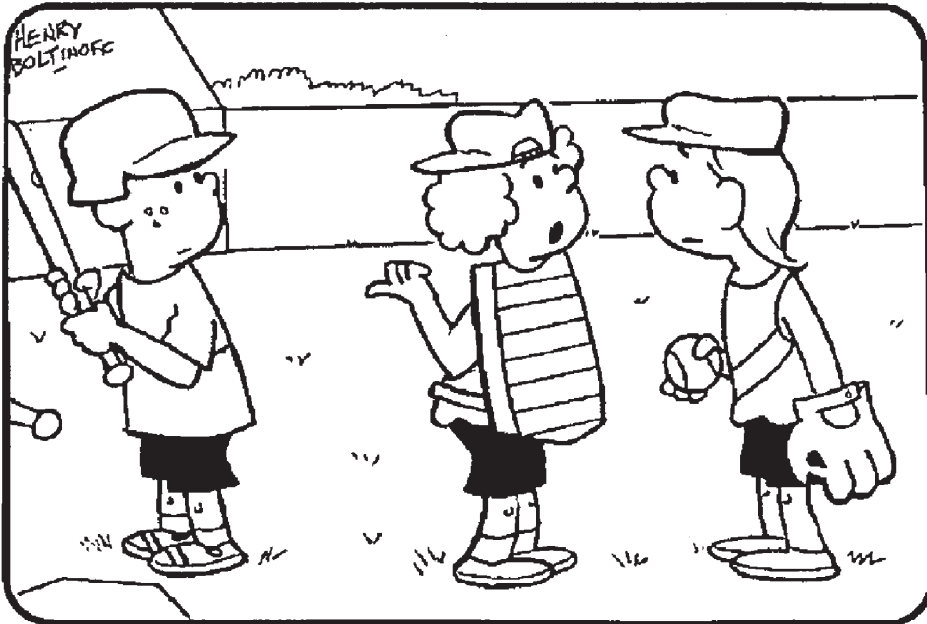
Narconon warns friends and families that when an addict reaches out for help, the window of desperation is short-lived. Knowing this is important when dealing with an addict needing treatment. The next pill, hit, shot or drink could very well be their last. For more information, visit [www.narconon-suncoast.org/blog/time-kills-addicts.html](http://www.narconon-suncoast.org/blog/time-kills-addicts.html). Call 1-877-841-5509 for a no cost screening or referral.\*

## PUZZLES

### HOCUS-FOCUS



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Bat on the ground. 2. Ball is gone. 3. Tree is gone. 4. Batter's pants are different. 5. Umpire's hat is different. 6. Pitcher has no socks.



# Zurbruggen Financial

Investment Management • Asset Protection  
Wealth Transfer • Perpetual Income Strategies

Are you taking your retirement income from the correct asset in your portfolio to keep from running out of income before you run out of time?

Call us to find out about time segmented income streams today at 239-395-3520 or send us an email at [rick@zurbruggenfinancial.net](mailto:rick@zurbruggenfinancial.net)

[www.ZurbruggenFinancial.net](http://www.ZurbruggenFinancial.net)



RICK ZURBRUGGEN  
Private Wealth Manager

Securities offered through Securities America, Inc., Member FINRA/SIPC. Rick Zurbruggen, Registered Representative. Advisory services offered through Securities America Advisors, Inc., Rick Zurbruggen, Investment Advisor Representative. Zurbruggen Financial and the Securities America companies are not affiliated.

695 Tarpon Bay Rd., Suite 4 • Sanibel, FL • 239-395-3520



ISLAND LAW OFFICE OF

**JANET M. STRICKLAND**  
P.A.

Wills, Trusts & Estate Planning  
Probates & Estates

Member of The Real Property,  
Probate & Trust Law Section of The Florida Bar  
Lee County Bar Association.

AV Rated by Martindale-Hubbell  
BBB Accredited Business Rated A+

30 Years Experience

(239).472.3322

Behind The Village Shops

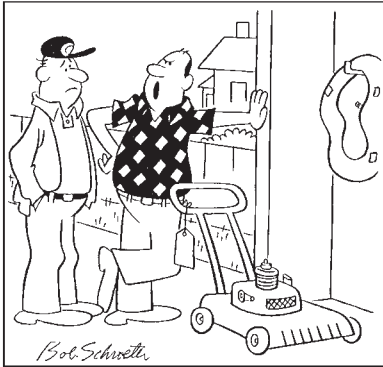
2340 Periwinkle Way, Suite J-1, Sanibel FL 33957

[www.jmslawyer.com](http://www.jmslawyer.com)



# PUZZLES

Answers on page 47



"When my wife told me that my birthday gift was something I could use outdoors, I thought she meant a \_\_\_\_\_."

## SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Blanket  
**RELAY**               

Outrage  
**RANGE**               

Irritation  
**AGRINCH**                   

Clarion  
**BULGE**                   

### TODAY'S WORD

## SUDOKU

	3			8				5
1			7	2			8	
8		4			9	7		
5					8	3		
		2		7			9	8
	7		6			1		
	4			3			6	
		3	2			5		
9	6				4			7

**To Play Sudoku:** Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.



Sanibel & Captiva Islands

CALLING CARD 239-395-1213

Emergency	911
Sanibel Police	472-3111
Lee County Sheriff's Office	477-1200
On Call Captiva Deputy	477-1000
Fire Department - Sanibel	472-5525
Fire Department - Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743

ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	277-1700
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.org
SW Florida Symphony	418-0996
Symphonic Chorale of SW Florida	560-5695

CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc	http://abwasanibelcaptiva.org
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon of SWFL	https://www.audubonswfl.org/
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
Democratic Club of the Islands	Demclubislands@gmail.com
Disabled Am Vets #108 (San-Cap Rep Ted Tyson) Help 211	984-5920
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH. OF SANCAP 24-hr service	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS - Protection of Animal Welfare Society	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.sancapboating.club
Sanibel-Captiva Republican Caucus	395-0819
Sanibel-Captiva Shell Club	facebook.com/sancapshellclub 267-7291
Sanibel Youth Soccer	www.sanibelsoccer.org 395-2040
Shell Islands Garden Club	246-8875
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971

ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:  
press@islandsunnews.com



PUZZLES

Answers on page 47

Super Crossword

OUT OF THE ORDINARY

- ACROSS
- 1

It may begin "Here lies ..."

8

Like fables with morals
- 15

Sprayed like a firefighter
- 20

Composer Saint-Saëns
- 21

Maui tourist town
- 22

Wash away
- 23

Like overly harsh punishment
- 25

Consolidate
- 26

Suffix with prophet
- 27

Calc prereq
- 28

Hosiery hitch
- 30

Transmission option
- 31

Coil of yarn
- 33

1985 hit for Sheila E.
- 37

Female graduates
- 40

Middle: Abbr.
- 41

Cello bow rub-on
- 42

Monkey of kid-lit
- 46

Upholstered footstool
- 50

Country singer Travis
- 51

Init. on a navy vessel
- 52

Neighbor of Ger.

54

Apple pie — mode

55

Just makes, with "out"

56

1965 Marvin Gaye hit

63

Dial-up alternative, for short

64

Fall away

65

Cube inventor

66

Feeble

67

Noncircular paths around bodies

72

Homeland, affectionately

75

Big name in dog food

76

108-card game

77

Toque or fez

80

1967 hit for the Doors

85

Infrequent

86

"Star Trek" rank: Abbr.

87

Pilfer from

88

Singer Yoko

89

Leaks slowly

90

To no extent

94

Mismatched collection

99

Knife of old infomercials

101

— Kippur

102

Stream of electrons

103

Witches in "Macbeth"

107

Cantaloupe or honeydew

108

Body gel additive

109

"There's — haven't heard!"

110

— prayer for

111

Univ. Web site suffix

114

Beach hills

116

"77 Sunset Strip" actor, familiarly

122

Mrs. Bunker

123

Use an umbrella, say

124

Posts again

125

Hunter's lure

126

Fusible alloys

127

Bad-mouth

DOWN

1

"Lo!," to Livy

2

Golf norms

3

Don of radio

4

Deadlock

5

100%

6

Tableland

7

Units of inductance

8

Chug- — (guzzle)

9

Suffix with Caesar

10

Mu — pork

11

Western treaty init.

12

Pope before Gregory XIII

13

More nonsensical

14

Prison, informally

15

— and haw

16

Pizza herb

17

More irritated

18

Rocker

19

Plow pioneer

24

Noisy clamor

29

Basic idea

31

Actor Jimmy

32

Granny, e.g.

33

At — of (priced at)

34

Item in a P.O. box

35

Part of NATO: Abbr.

36

Acne spot

37

Performed on stage

38

Lies in wait

39

Apocryphal archangel

43

With 115- Down, nervous and apprehensive

44

Part of i.e.

45

"... wife could — lean"

47

Injure badly

48

Jai —

49

DEA agent

53

"Shape — ship out!"

56

Alphabet opener

57

"May — of service?"

58

Burglar's job

59

Missile's path

60

"Deathtrap" star Michael

61

"For — us a child is born"

62

Guitarist Paul

64

"Green" sci.

67

Sci-fi power

68

Robert De —

69

1990s exercise fad

70

Bldg. units

71

Virus, e.g.

72

Not closed

73

Jay of NBC

74

Biblical verb

77

Belittling frat brother

78

Circus venue

79

Touchy

81

Bohemian-ism

82

Meanders

83

Question's opp.

84

Turndowns

85

Like Brutus

89

Prince — von

91

Go along with

92

Christie's cry

93

— many words

95

Coloring stuff

96

Caméra —

97

Ones toeing the line

98

Tag anew

100

In the habit of

103

Crossed a ford

104

Get by

105

Like a charged atom

106

Cyclical, at the beach

107

— tai (drink)

110

"The — the limit!"

111

Markey of Tarzan films

112

Nixing mark

113

Stalin's land

115

See 43- Down

117

English dramatist Thomas

118

Lyrical verse

119

Bruin

120

Peru's Sumac

121

Campaigned

King Crossword

- ACROSS
- 1

Sacred wading bird

5

Suitable
- 8

Morse "T"
- 12

Created
- 13

Meadow
- 14

Erstwhile Peruvian
- 15

Series of missed calls
- 17

Celebrity
- 18

Pair
- 19

Consecrate with oil
- 21

Cognizant
- 24

Huffed and puffed
- 25

Shrewd
- 26

Lunch holder
- 30

Tokyo's old name
- 31

Canonized one
- 32

Beer-like brew
- 33

Joke that won't work on radio
- 35

On the briny
- 36

Thy
- 37

Theater staffer
- 38

Treeless tract
- 41

Blond shade
- 42

Ark builder
- 43

Long-popular jazz tune
- 48

Shrek, for one
- 49

Pirouette pivot
- 50

Car
- 51

German city
- 52

Finish
- 53

Encounter
- 8

Drop from a will
- 9

Opposed
- 10

Read cursorily
- 11

Rodgers col-laborator
- 16

Lamb's mama
- 20

Salamander
- 21

Dogfight participants
- 22

Gully
- 23

Awestruck
- 24

Pipe type
- 26

Loaf of French bread
- 27

Wild party
- 28

Sheltered
- 29

Paraphernalia
- 31

Halt
- 34

It's handy if you have to break your word
- 35

Religious retreat
- 37

Handle
- 38

Uppity one
- 39

Takeout phrase
- 40

Deserve
- 41

On in years
- 44

Charged bit
- 45

Regret
- 46

Corroded
- 47

Obtained

DOWN

1

Mischievous tyke

2

"Humbug!"

3

4

5

6

7

1	2	3	4	5	6	7		8	9	10	11	12	13	14		15	16	17	18	19		
20								21								22						
23								24								25						
26						27						28				29		30				
				31	32				33	34	35					36						
37	38	39							40				41									
42								43	44				45		46				47	48	49	
50								51					52	53					54			
55						56	57					58	59				60	61	62			
63					64						65					66						
				67				68	69	70					71							
72	73	74						75							76				77	78	79	
80								81					82	83	84				85			
86								87					88					89				
90				91	92	93			94	95	96					97	98					
				99					100		101					102						
103	104	105							106						107							
108						109								110						111	112	113
114								115														
122								123								124						
125								126								127						

MAGIC MAZE

KNIGHTS OF THE ROUND TABLE

E V S Q N K I F D A G X G G V  
T Q O M T O L E M A C J E A H  
F C A (K I N G A R T H U R) L Y  
W U R P L L N E N O L J A A H  
F D B Z E A T Y R L A V I H C  
X V T G T H M R Q E I O N A M  
K I E S H F D O B C V Z T D Y  
W N I A W A G V R N T I Y R Q  
D R O N S I R E H A G A D L K  
T I H F D C P O A L K Z X E W  
V U S R Q O N M T K J I H F B

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally  
Unlisted clue hint: King Arthur's Castle and Court

- Bedivere
- Gareth
- King Arthur
- Percival
- Chivalry
- Gawain
- Lamorak
- Tor
- Gaheris
- Geraint
- Lancelot
- Tristan
- Galahad
- Kay
- Legend



# PROFESSIONAL DIRECTORY

## NEW HOMES, REMODELING & ADDITIONS

### KIRCHNER CONTRACTING INC.

- New Homes
- Consulting
- Remodeling
- Contracting

**MATT KIRCHNER**  
CG-C059097  
Mobile: 239-410-6932

P.O. Box 143  
Sanibel Island, FL  
Phone: 239-472-2601  
Fax: 239-472-6506

## WINDOW CLEANING



**10831 Sunset Plaza Cir #107**  
**Fort Myers, FL 33908**  
**service@islandviewclean.com**  
**Office: 239-313-7930**  
**Cell: 239-292-7033**  
**Fax: 239-267-7855**

## CONSTRUCTION



**MILLS BROTHERS BUILDING CONTRACTORS**  
QUALITY, RELIABILITY, SATISFACTION

- Custom Home Building | Remodels
- Design Service Available • Sanibel Owned & Operated

**Office Phone & Fax**  
239-472-6711

**Joseph Mills Lic. #CBC058789**  
**William Mills Lic. #CBC058788**

## POOL CLEANING, SERVICE & REPAIR

### 40 YEARS IN BUSINESS

Specialists In  
Residential & Commercial Pools  
Fast, Reliable Service & Repair

- Next Day Installation of Equipment
- Retail Location off Periwinkle
- Free Estimates
- After Hours Emergency Service



**ISLAND CONDO  
MAINTENANCE**

Call Us Today

**472-4505**

Veteran Owned & Operated  
CPC 1458912

ICMSanibel@yahoo.com  
www.ICMpools.com

## LOCKSMITH



Island Locksmith  
Serving Sanibel & Captiva  
Islands Since 1976  
"Veteran Owned & Operated"  
2340 Periwinkle Way, J-3  
Behind Village Shops  
239-472-2394  
IslandLocksmith@yahoo.com  
www.sanibelislandlocksmith.com

## TRAVEL

### DREAM TRAVEL

...on land and sea...

**DANA PARISH**

travel consultant

danatravel88@yahoo.com  
239-898-0200

...dream your travel, travel your dream...

member Sanibel-Captiva Chamber of Commerce

affiliate Avoya Travel / American Express Travel Sanibel resident since 1987

## BRICK PAVERS



Lee County Lic. # IP06-00664  
Sanibel Lic. # S3-14729  
239-560-1199  
timsmithbrickpavers@gmail.com

## PLUMBER

### WALKER PLUMBING

Plumbing repairs  
Sewer and drain cleaning  
Water heaters • Back flow  
Sewer camera, jetting and repair  
**239-395-2689**  
Sanibel owned and operated Lic S1-18245

## GLASS

Insured



Licensed  
# S2-11975

### Stevens & Sons Glass

Replacement Impact Windows & Sliding Doors,  
Mirrors, Tub & Shower Enclosures, Store Fronts,  
Porch Enclosures, French Doors, Plate Glass

Specialists in impact condo complex replacement

2416 Palm Ridge Road  
Sanibel Island, FL 33957

Phone: (239) 472-0032  
Fax: (239) 472-0680

## PAINTING

### Residential & Commercial Painting



- Power Washing
- Wallpaper Hanging
- Faux Finishing
- Free Estimates
- Interior & Exterior
- Dependable
- Reliable
- Licensed & Insured

COLOR SCHEMES  
on request from  
Sanibel Home Furnishings

Lic #S3-11944

395-3928 Cell: 841-4302  
barefootcharley@aol.com

With your contract  
a donation to your  
favorite charity will be made.

## POOL SERVICE & REPAIR

### Deep-End Pool Service

25 years experience  
License # CPC1457386



**239-699-6279**

- Pool Heater Specialist
- Sales Service & Installation of All Brands
- FREE Estimates

24/7 emergency repair service.  
Free estimates for weekly service and repairs!

## CONSTRUCTION



### Ulrich Building Company

- New Construction
- Remodeling & Additions
- Kitchens & Bathrooms
- Windows & Doors
- Exterior Stairs & Decks
- Crown Moldings & Trim

Celebrating 10 Years on Sanibel  
Sanibel Family Owned & Operated  
Patrick & JoAnne Ulrich  
239-896-7116  
ulrichbuilding@gmail.com  
#CRC1331575



# PROFESSIONAL DIRECTORY

## DESIGN AND REMODELING

**ARTISTIC INTERIORS INC.**



"WE DON'T JUST DO REMODELING, WE CREATE ARTWORK"

CALL CHRIS BORING @ 239-989-6122

BORINGDESIGNS06@EMBARQMAIL.COM

Lic#RG291 103860, SI 16371

DESIGNING AND REMODELING-FROM CONCEPT TO COMPLETION

QUALITY REMODELING AND SERVICE

## HOME WATCH

RELIABLE, HONEST, TRUSTWORTHY

- 24/7 Customer Portal
- Real-Time Reporting
- Concierge Service
- & More!



**FIRST RESPONSE HOME WATCH**

**Craig Shelby JR.**

**239.271.8071**

Firstresponsehomewatch.com

FIRSTRESPONSEHOMEWATCH@GMAIL.COM INSURED & BONDED

## GENERAL CONTRACTOR

**D.BROWN**

GENERAL CONTRACTORS LLC

CGC1517615



**NEW CONSTRUCTION & REMODELS**

**239-593-1998** | [www.dbrowngc.com](http://www.dbrowngc.com)

## HOME WATCH



**Home Watch**

Put my 40+ years of managing Island properties to work for you!

Experience • Integrity • Reliable

*Call Me!*

**239-472-6747**

Paul H. Zimmerman, Broker

Gulf Beach Properties, Inc.



## RENOVATION & CONSULTING



**Spruced Up To Sell**

Take The Stress Out Of Selling Your home

**Zest Interiors**

610-248-1130

edie@zestconsulting.biz

Sanibel and Fort Myers

## ROCK, MULCH, PLANTS

**Gulf Coast Landscape Nursery & Supply**

**ROCK, MULCH, PLANTS**

South Fort Myers

**239-337-7256**

[gulfcoastlandscapenursery.com](http://gulfcoastlandscapenursery.com)

## REALTOR

"When Only The Best Will Do!"



**JOHN NAUMANN & ASSOCIATES**

real estate

www.alanfisher.jnarealestate.com



**Alan B. Fisher**

REALTOR®

c - 504-919-2770

alan131@icloud.com

1149 Periwinkle Way

Sanibel, FL 33957

o - 239-472-0176

## TREE TRIMMING, ARBORIST

Arbor Specialist Since 1995

"Tell A Friend"



**TREE WEST**

- Tree Trimming • Tree Removal
- Stump Grinding

**239-910-3256**

info@treewestfl@gmail.com

www.treewestflorida.com

P.O. Box 564, Sanibel, FL 33957

Licensed, insured, workers compensation

## HOME SERVICES

YARD SERVICE • TREE SERVICE • POOL SERVICE

HOME WATCH • CLEANING SERVICE



**JUERGEN SCHREYER**

OWNER

**ISLAND HOME SERVICE**

P.O. Box 1050 • SANIBEL • FLORIDA 33957

WWW.ISLANDHOMESERVICE.COM

INFO@ISLANDHOMESERVICE.COM

PHONE: (239) 472-5247 • CELL: (239) 229-6366

## BUILDING AND DESIGN



**SCOTT BUILDING & DESIGN LLC**

CBC-1261452

New Construction Remodeling

Decking Trim

Windows/Doors Kitchens/Baths

**Raye Scott (239) 410-3547 Peter Ifka (239) 464-4837**

scottbuilt@hotmail.com

## COSMETICS

**MARY KAY**

*TimeWise® Miracle Set 3D™*

Your three-dimensional approach to skin aging

Skin Care, Sunscreens, Glamour, Hand & Body Care, Fragrances




Contact me to defy aging.

**Maggie Butcher**


Ind. Sr. Sales Director

marykay.com/mbutcher

904 Lindgren Blvd., Sanibel, FL 33957

239-395-0978 / 317-509-6014

## MEDICAL SERVICES



**DR. ROBERT FISHER**

**CHIROPRACTIC PHYSICIAN**

**239-470-2066**

robertfisherdc@gmail.com

1619 Periwinkle Way, Unit 101

Sanibel, FL 33957

## CUSTOM HOME BUILDER

Ph (239) 472-8446 Ron DeCorte

DeCorteFour.com #CBC058483



**DeCorte Four**

Custom Home Builders, Inc.

We do it all from repairing a door to adding a 2nd Floor

New Construction Too

P. O. Box 922 • Sanibel, FL 33957 • Fax (239) 472-8449

## HOME SERVICES



**Your On-Island Home Service Company!**

**PRICE MATCH GUARANTEE**



**ROOFING**

**ELECTRIC**

**PLUMBING**

**REMODELS**

**SOLAR PANELS**

**AIR CONDITIONING**

**GENERAL CONTRACTOR**

2244 PERIWINKLE WAY, SUITE 13, SANIBEL

833-4-SANCAP • 833-472-6227



# PROFESSIONAL DIRECTORY

## TELEVISION

### WOOSTER TV

SALES • SERVICE • RENTALS  
HDTV • VIDEO • DVD • COMPUTERS

*Serving the Islands for Over 40 Years!*

P.O. Box 1695 239.472.1133  
Sanibel, FL 33957 Mike (cell) 239-565-2875  
woostertv@comcast.net

## IMPACT WINDOWS & DOORS/GLASS



### Windows Plus

"SWFL Window and Door Specialist"

Phone: 239-267-5858 Fax: 239-267-7855  
www.windowsplusllc.com  
10831 Sunset Plaza Circle, Unit 107 Fort Myers, FL 33908  
E-mail: office@windowsplusllc.com  
Lic. SCC 131151273

## TREE & LAWN CARE



**ENVIROMOW**  
A Full Service Landscape Company  
**239-896-6789**

- Landscape Design, Install & Maintenance
- Tree Trimming by an ISA Certified Arborist
- Professional Irrigation Repair & Installation
- Licensed & Insured Home Watch Services
- Residential & Commercial

www.enviromow.net  
EnviroMow@outlook.com

## PRESSURE WASHING



### PROFESSIONAL PRESSURE WASHING

Ask About Our  
**\$99.00**  
Specials!!

Owner MATTHEW RYAN  
**239 645-9834**  
FREE ESTIMATES

Quality Service Guaranteed • Licensed & Insured

## RENTAL INCOME

### Rental Properties Needed!!

HOME ★ CONDO ★ DUPLEX  
Waiting List of Customers for Annual Rentals...

### Steady Rental Income

Put my 40 Years of Managing  
Privately Owned Properties to Work For You

**239-472-6747**



**Gulf Beach Properties, Inc.**  
Paul Zimmerman, Broker



## ELECTRICAL

**J.T.E. ELECTRIC**  
SERVICE • RESIDENTIAL • COMMERCIAL • REMODEL

**BRIGGS & STRATTON**  
**STANDBY POWER**  
Authorized Dealer  
Lee, Collier, Hendry,  
Charlotte, Sarasota Counties  
Lic.# EC-13002460

**Brady J. Rees**  
Generator and Service Expert  
**T | 239-368-9511**  
**C | 239-980-1596**  
generator@jteelectricinc.com  
204-B Waldo Avenue,  
Lehigh Acres, FL 33971

## LANDSCAPE

### Bonny's Blooming Gardens



**239 822-1939**

For all your  
landscaping needs

Landscape Design and Installation  
Beautiful Palms and Tropicals  
Landscape and Lawn Maintenance  
Tree Trimming Services  
Mulch Application  
Property Clean up & more!

## AIR CONDITIONING

239-217-4111

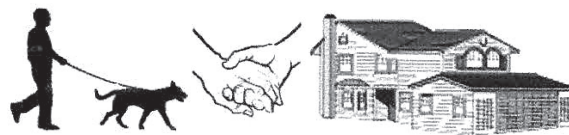
www.AlliedAir.biz



Over 34 years of trusted experience  
10923 Kelly Rd, Ft. Myers, FL 33908

## HOMEWATCH

### "YOUR SANIBEL" "LOOK AFTER PERSON" Jack E. David



Cell Phone:

**239-677-9710**

Email:

**jackofalltradessbl@gmail.com**

30 YEAR RESIDENT  
License #126-1176



## CONSTRUCTION/REMODELING

### COOPER

CONSTRUCTION

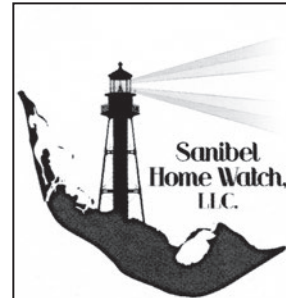
Custom Homes & Remodeling Specialists  
*We can design, build and manage any endeavor  
you can dream up.*

**239.454.5699**

cooperconstruction@embarqmail.com

Kerry Cooper • An Island Business Since 1982 • License # CBC1255742

## HOME WATCH



PROFESSIONAL  
HOME WATCH  
SERVICE

Marco DuMont  
Owner

(w) 239-410-7566

marco@sanibelhomewatch.com  
www.sanibelhomewatch.com

## IRRIGATION

Under New Ownership



**Affordable  
ISLAND  
Irrigation**

Get a Complete System Check Today!  
• Routine System Checks  
• Repair of Current System  
• New Installations  
• Water Audits & Leak Detection  
• Residential or Commercial

**239-738-9970**

AffordableIslandIrrigation@gmail.com

## PAINTING



QUALITY WITHOUT QUESTION  
OWNER DOES THE WORK  
SINCE 1986

### SPECIALIZED SERVICES

- RESIDENTIAL AND COMMERCIAL
  - INTERIOR PAINTING
  - EXTERIOR PAINTING
- DECORATIVE FAUX FINISHING
  - PRESSURE CLEANING
- DESIGNER COLOR CONSULTATIONS
  - CUSTOM CABINET PAINTING

**239.275.0425**

www.RONSPAINTING.COM

COMPLIMENTARY ESTIMATES • INSURED  
LICENSE #PT000286 • CC44340 • SANIBEL 53-11844



# Osprey: A Conservation Success Story

submitted by Alex Cook

One of the most common bird species you can see around the beach is the osprey. But not too long ago, to see an osprey was a rare occurrence.

The osprey (*Pandion haliaetus*) is a bird of prey that can be found on all continents, except for Antarctica. They are commonly found around bodies of water, as their diet is almost exclusively fish.

Around the Lee County barrier islands and Fort Myers, they can be found either flying over water or perched on tall, unobstructed objects, such as dead trees or telephone poles. These tall fixtures are also where ospreys build their nests – you’ll see nest posts have been constructed to encourage nest building.

Many people confuse ospreys for bald eagles. Bald eagles have an all-white head and white tails, while ospreys have a brown and white head and their undersides are mostly white. While both bald eagles and ospreys can fish for prey, ospreys actually can completely



An osprey peers down from a tree snag

photo provided

submerge themselves while diving. As apex predators, ospreys are at the top of their food webs. This means that they are subject to biomagnification, or the concentration of toxins as a result of ingesting other organisms in which

the toxins are more widely dispersed. From the 1950s to the 1970s, osprey populations declined drastically as a result of pesticide use. One major pesticide disruption came from dichlorodiphenyltrichloroethane,

also known as DDT, which was widely used as an insecticide. DDT entered the water through agricultural runoff, was absorbed by plankton and began to accumulate in fish. Since ospreys’ diets consist mainly of fish, these birds started to accumulate the toxin in their bodies at a rapid rate. The effects of DDT were seen in the osprey’s eggs – the toxin caused their eggshells to be very thin, so that when the adults incubated the eggs, they would be crushed from the weight of the bird. This resulted in a drastic decline in populations nationwide.

With the negative impacts on wildlife and the environment, and the osprey at the forefront of DDT’s detrimental effects, the pesticide was finally banned in 1972, and the osprey populations made a great recovery – a true conservation success story.

Ospreys were considered endangered all over the United States, but now are listed as least concern in most areas. Artificial nesting platforms have played a large role in reestablishing osprey populations.

Part of Sanibel-Captiva Conservation Foundation (SCCF) family, Sanibel Sea School’s mission is to improve the ocean’s future, one person at a time.✪

## CLASSIFIED

### COMMERCIAL RENTAL

**POPULAR RENTAL LOCATION ON SANIBEL**



Call Judy at 239-851-4073.  
6/21 ✪ TFN

**PELICAN PLACE SHOPPING CENTER**  
Palm Ride Road on Sanibel  
3 units available or combined 2,400 sq. ft.  
(2 at 700 sq. ft., 1 at 1,000 sq. ft).  
Call 703-593-7024  
6/21 ✪ TFN

### VACATION RENTAL

**EAST END ON CANAL GROUND LEVEL**  
3 BR, 2 BA, Sleeps 8  
Large enclosed lanai and pool  
Deep water access  
Dog friendly  
239-472-3458 or 319-651-9132  
mknake@aol.com  
1/31 ✪ TFN

### VACATION RENTAL



**Cottages To Castles**  
Unique Vacation Rentals  
2427 Periwinkle Way  
Sanibel, FL 33957  
Local: (239) 472-6385  
Toll Free: (800) 472-5385  
Fax: (239) 472-5858  
www.cottages-to-castles.com  
1/26 ✪ TFN

**Island Vacations**  
Of Sanibel & Captiva  
*Million \$ Views Await You!*  
• Cottages • Condos • Homes •  
Miles of Beaches & Bike Paths  
**239-472-7277**  
**1-888-451-7277**  
1/4 ✪ TFN

### ANNUAL RENTAL

**EAST END ON CANAL**  
Beautiful 3 BR/2.5 BA home  
Atrium LR w/hrdwd flrs  
25' deep-water dock w/boat lift  
200 yd. straight shot to bay w/no bridges  
Large enclosed/heated pool  
2 car Garage, Home Office  
No pets - \$3,750/mo  
Lori - 770-596-8709  
3/27 ✪ 4/17

### RENTAL WANTED

**RENTAL WANTED**  
Mature couple, frequent past visitors to Sanibel, and we want to make Sanibel our winter home. Min 2 br-2 ba. Starting about 1/1/2021 for about 3 months  
Stan@cosmeticindex.com  
2/14 ✪ 4/3

### SERVICES OFFERED

**ENVIROMOW**  
A Full Service Landscape Co.  
• Landscape Design, Install & Maintenance,  
• Tree Trimming by a Licensed Arborist  
• Professional Irrigation Repair  
• Licensed & Insured Home Watch Service Residential & Commercial!  
**239-896-6789**  
11/29 ✪ TFN

**SCARNATO LAWN SERVICE**  
Lawn Service, Shrubs and Tree Trimming  
Weeding, Installation of Plants, Trees and Mulch (one month free service available)  
Joe Scarnato (239) 849-6163  
scarnatolawn@aol.com  
1/25 ✪ TFN

**ROGER NODRUFF ELECTRIC**  
Dock Lighting, affordable LED conversion.  
FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc, etc.  
Call or text Roger 239-707-7203  
State License #13002788  
4/20 ✪ TFN

### SERVICES OFFERED

**RON'S CLEANING SERVICE**  
Sanibel  
Captiva  
Fort Myers  
Professional  
Residential Cleaning & Misc. Services  
Licensed  
Sanibel & Lee County  
Excellent References  
Call Ron @ 239-463-4227 or 239-728-7206  
3/27 ✪ 4/17

### LEGAL NOTICE

**FICTITIOUS NAME**  
NOTICE UNDER FICTITIOUS NAME LAW PURSUANT TO SECTION 865.09 FLORIDA STATUTES. Notice is hereby given that the undersigned, Shell Artistic Creations, LLL, is desiring to engage in business under the fictitious name of Shell Babies Jewelry , using email of shellart4u@gmail.com and Intending to register this fictitious with the Division of Corporations of the Florida Department of State in Tallahassee, Florida. Owner of Company: Shell Artistic Creations, LLC  
19567 Estero Pointe Lane  
Ft Myers, FL 33998  
Also to operate under Fictitious Name of Shell Babies Jewelry  
Signed: Sally A Robison  
Ad# March 30, 2020  
4/3 ✪ 4/3

### HELP WANTED

**CAREGIVER NEEDED**  
For live in 2 to 3 days per week on Sanibel. Take care of elderly women 99 years old.  
Contact Alan at 732-259-6629 or Pat at 732-259-6631.  
3/6 ✪ TFN

### VEHICLE FOR SALE

**VESPA 50CC SCOOTER**  
2008. Like new condition.  
Mileage 2,750. Color: yellow.  
\$2,400.  
Call John 207-232-0028.  
3/27 ✪ 4/3

### BOATS-CANOES-KAYAKS

**BOAT LIFT RENTAL WANTED**  
Looking for long-term rental of a boat lift on Sanibel or Captiva with direct ocean access.  
Call Jim at 603-930-4549.  
3/6 ✪ TFN

To advertise in the  
Island Sun and  
The River  
Weekly News  
Call 395-1213









*Randy Wayne White*

**"FOR THE SUN-KISSED &  
SUN-DESIROUS ALIKE,  
A VACATION ON A PLATE."**

*The New York Times*  
Magazine

Sanibel • Captiva • Ft. Myers Beach • Downtown St. Pete (Coming Soon)



WWW.DOCFORDS.COM



THE ORIGINAL  
**YUCATAN SHRIMP!**

Buy our  
**YUCATAN  
SAUCE**  
by the bottle!



Visit Our Sister Locations on Ft. Myers Beach  
**The Dixie Fish Co. & The Whale**